# M.Sc., Nurse Practitioner in Critical Care



RAJIV GANDHI UNIVERSITY OF HEALTH SCIENCES KARNATAKA 4<sup>th</sup> T BLOCK, JAYANAGAR, BANGALORE 560041



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Ref: ACA/DCD/NURSING/PG/NPCC/13/2019-20

#### **NOTIFICATION**

**Sub**: Revised Ordinance pertaining to Regulation and Curriculum of M.Sc. Nurse Practitioner in Critical Care.

Ref: 1) Proceedings of the 128th syndicate meeting held on 23/08/2017

- 2) F.No.22-10/NP/2017-INC, Dated: 29/08/2018
- 3) Minutes of BOS Nursing PG held on 19/12/2019
- 4) Proceedings of CAC meeting held on 26/12/2019
- 5) Proceedings of 147th Syndicate meeting held 02/01/2020

In exercise of the powers vested under Section 35 of RGUHS Act, 1994, the Revised Ordinance pertaining to Regulation and the curriculum of M.Sc. Nurse Practitioner in Critical Care is notified herewith as per Annexure.

The above Regulation shall be applicable to the students admitted to the said Course from the academic year 2020 onwards.

By Order,

Date: 06/02/2020

Sd/-

#### REGISTRAR

To

The Principals of all affiliated Nursing Colleges conducting PG Nursing of RGUHS, Bangalore.

#### Copy to:

- 1. The Principal Secretary to Governor, Raj Bhavan, Bangalore 560001
- 2. The Principal Secretary Medical Education, Health & Family Welfare Dept., M S Building, Dr.B.R. Ambedkar Veedhi, Bangalore 01
- 3. The Secretary, Indian Nursing Council, Newdelhi
- 4. The Secretary, Karnataka Nursing Council, Bangalore
- 5. PA to Vice Chancellor/PA to Registrar/Registrar (Eva.)/Finance Officer, Rajiv Gandhi University Health Sciences, Bangalore
- 6. All Officers of the University Examination Branch/ Academic Section.
- 7. Guard File / Office copy.

## **PREAMBLE**

Healthcare system landscape in India is changing rapidly to meet the growing health needs and demands of the population. Nurses in India are expected to extend and expand their scope of practice beyond general nursing practice. The need for significant expansion in public and private health sector is recognized by the government. Specialist nurses with advanced skills are required to support specialized and super specialized healthcare services. Recognizing this need, RAJIV GANDHI UNIVERSITY OF HEALTH SCIENCES has decided to implement M.Sc., Nurse Practitioner in Critical Care, an academic residency program to meet the challenges and demands of tertiary care services in order to provide quality care to critically ill patients of all age groups and families.

Nurse practitioners in critical care / acute care, oncology, emergency care, neurology, cardiovascular care, anesthesia and other specialties can be prepared to function in tertiary care settings. Rigorous educational training will enable them to collaboratively manage critical illnesses both for prevention and promotion of health. A curricular structure / framework is proposed by INC towards preparation of Nurse Practitioner in Critical Care (NPCC) at Masters Level. The special feature of this program is that it is a clinical residency program emphasizing a strong clinical component with 15% of theoretical instruction and 85% of practicum. Competency based training is the major approach and Nurse Practitioner education is based on competencies adapted from International Council of Nurses (ICN, 2005), and NONPF competencies (2012).

# INDEX

Sl. No.	Particulars
1	Introduction
2	Program Description
3	Aim & Objectives, Minimum requirements to start Nurse Practitioner
	in Critical Care program
4	Examination Regulation
	(i) Scheme of Final Examination
5	Curriculum
6	Implementation of curriculum
7	Core Courses
	(i) Theoretical Basis for advanced practice nursing
	(ii) Research application and Evidence based practice in critical care
	(iii) Advanced skills in leadership, management and teaching
	(iv) Advanced pathophysiology applied to critical care nursing-A&B
	(v) Advanced pharmacology relevant to critical care nursing
	(vi) Advanced health/physical assessment in critical care nursing
8	Critical care specialty courses
	(vii) Foundations of critical care nursing practice
	(viii) Critical care nursing I
	(ix) Critical care nursing II
9	Internal Assessment
10	Equipment list – Appendix 1
11	Clinical log book-Appendix 2 a & b
12	Clinical requirements – Appendix 3
	& Standing orders – Appendix 4

#### **INTRODUCTION**

Critical Care Nurse Practitioner Program is intended to prepare registered BSc Nursing Graduates, to provide advanced nursing care to the patients, who are critically ill. The nursing care is focused on stabilizing patient's condition, minimizing acute complications and maximizing restoration of health. These Nursing Practitioners are required to practice in critical care units of Tertiary Health care centers. The program consists of various subjects of study that are based on strong scientific foundations including evidenced based practice and the management of complex health systems. These are built upon the theoretical and practice competencies of BSc trained nurses. On completion of the program and registration with respective state council they are permitted to assess and, participate and work under the supervision of the doctors. They can practice in ICUs of Tertiary Care Hospitals based on institutional protocols. The Nurse Practitioners in Critical Care when exercising this authority, they are accountable for the competencies in

- a) Patient selection/admission into ICU
- b) Problem identification through appropriate assessment
- c) Administration of medication or Non invasive devices or therapies
- d) Patients' education for use of therapeutics
- e) Knowledge of interactions of therapeutics, if any
- f) Evaluation of outcomes
- g) Recognition of complications and untoward reactions.

The Nurse Practitioner in critical care is prepared and qualified to assume responsibility and accountability for the care of critically ill patients under his/ her care.

The said post graduate degree will be registered as an additional qualification by the State Nursing Council.

### I. PROGRAM DESCRIPTION

The M.Sc in Nurse Practitioner in Critical Care is a Nursing Academic Residency program with a main focus on Competency based training. The duration is of two years with the curriculum consisting of theory that includes core courses, advanced practice courses and clinical courses besides clinical practicum which is a major component.

## II. AIM

The critical care NP program prepares registered BSc nurses for advanced practice roles as clinical experts, managers, educators and consultants leading to M.Sc degree in Nurse Practitioner in critical care.

#### III. OBJECTIVES

On completion of the program, the NP will be able to

- 1. Assume responsibility and accountability to provide competent care to critically ill patients and appropriate family care in tertiary care centers.
- 2. Demonstrate clinical competence / expertise in providing critical care which includes diagnostic reasoning, complex monitoring and therapies.
- 3. Apply theoretical, patho-physiological and pharmacological principles and evidence base in implementing therapies / interventions in critical care.
- 4. Identify the critical conditions using differential diagnosis and carry out treatment/interventions to stabilize as per the Institutional protocol and restore patient's health and minimize or manage complications collaboratively as a part of critical care team.
- 5. Collaborate with other health care professionals in the critical care team, across the continuum of critical care.
- 6. On completion of the programme, they are registered with State Nursing Council as additional qualification and practice critical care nursing in ICU settings of tertiary hospitals only.

## IV. MINIMUM REQUIREMENTS TO START THE NP CRITICAL CARE PROGRAM

The institution must accept the accountability for the Nursing Practitioner program and its students and offer the program in congruence with the RAJIV GANDHI UNIVERSITY OF HEALTH SCIENCE standards. It must fulfill the following requirements.

#### 1. Hospital

The hospital should be a own tertiary care center, with a minimum of 200 beds. Hospitals on MOU/Agreement /lease are not considered for granting this course affiliation. Hospital should be under the registered name of the trust and it should have gotten all the statutory permission from the Government of Karnataka.

#### 2. ICU Beds

The hospital should have a minimum of 4 ICUs namely Medical ICU, Surgical ICU, Cardio/cardiothoracic ICU & NICU or PICU. Each ICU shall have at least 5 beds and Emergency care unit with at least 20 beds, thus constituting a total of 40 beds.

#### 3. ICU staffing

- a. Every ICU should have a charge nurse with BSc or MSc qualification
- b. The nurse patient ratio should be 1:1 for every shift for ventilated patients
- c. For the rest of ICU beds the nurse patient ratio should be 1:2 for every shift
- d. Provision of additional 45% staff towards leave reserve
- e. Doctor patient ratio can be 1:5

#### 4.Faculty

#### a. Teaching faculty:

- Professor/Associate professor OR Faculty with 8 years of PG Teaching Experience after M.Sc - 1 (shall be the Guide)
- Assistant Professor 1 (Teaching experience- 3 years post BSc)
- Ratio for Guide: Student 1:5

Note: Faculty who is a Guide for NPCC cannot be guide for another PG Programme. Faculty involved in NPCC should have a dual role

- **b.** Nursing Preceptors: The Nursing preceptors must be a full time qualified GNM with 6 years of experience in critical care nursing **OR** BSc with 2 years of experience in critical care nursing **OR** MSc(Specialty-Medical Surgical Nursing/Pediatric Nursing) with one year critical care nursing experience.
  - Ratio for Nursing Preceptor: Student 1:10
- c. Medical Preceptors: The Medical Preceptors must be MD/MS/Qualified Intensivist.
- d. The Co-Guide for NPCC programme can be a Medical preceptor.
- e. Ratio for Medical Preceptor: Student 1:10

#### 5. Physical and learning resources at hospital/college

- a. One classroom/conference room at the Hospital.
- b. Skill lab for simulated learning (hospital/college).
- c. Library and computer facilities with access to online journals.
- d. E-Learning facilities.

#### 6. List of equipment for ICU (enclosed) Appendix-1

Latest edition of critical care books and international journals and Helinet must be available.

#### 8. Student Recruitment/Admission Requirements

- a. Applicants must possess a Registered B.Sc nursing Degree with a minimum of one year clinical experience in ICU prior to enrollment.
- b. Must have undergone the BSc-Nursing in an institution recognized by the Indian Nursing Council and Karnataka Nursing Council.
- c. Must have scored not less than 55% aggregate marks in the BSc- Nursing Course.
- d. Selection must be based on the order of merit of an entrance examination and interview-held by the competent authority or University

Number of candidates: 1 candidate for 5 ICU beds,

#### V. EXAMINATION REGULATIONS

#### • Eligibility for appearing for the examination

- Attendance: Theory 80% of attendance in each academic year and 85% of attendance in Practicum in each academic year is essential before being eligible for the university examination
- O Candidate who fails in any two subjects, shall be permitted to continue the studies into the second year. Those who are failed in more than two subjects in the first year are not promoted to the second year.
- O Before being eligible to appear for the final year university examination, students should have cleared all the subjects of the first year at least 6 months prior to the final year examination.
- O Before being eligible to appear for the final year university examination, the dissertation of the students should have been submitted to the university 6 moths prior to the final year examination

#### Classification of results

• Pass: 50% in theory and Clinical Practicum individually

Second Division: 50-59%

• First Division: 60-74%

Distinction: 75% and above

For declaration of rank, aggregate of 2 years marks shall be considered and in the first year results, no ranks shall be declared.

If a candidate fails in theory or practical, he/she has to reappear for both theory and practical in the respective subject.

Maximum number of attempts per subject is three inclusive of the first attempt. The maximum period to complete the course successfully shall not exceed 4years.

#### Practical examination :

OSCE type of examination will be followed including viva (oral examination)

Maximum number of students per day = 5 students

Examination should be held in hospital only

Examined by two internal and one external examiner.

There shall be two internal and one external examiner for practical exam.

Internal examiner appointment: Professor/Associate Professor as stipulated in the section 4 above, who have guided at least one NPCC student and has a eligible guide letter issued by the RGUHS.

The second internal should be a Medical preceptor.

The external examiner: Should be from a different State/University (M.Sc with eight years Post Graduate teaching experience and only till such time the qualified and eligible teachers are available as per the clause 4

#### Dissertation

Submission of the synopsis: By 6 months in first year or as per the calendar of events notified by the university from time to time

Submission of the dissertation: 6 months before completion of second year.

- Research guides: Guide Professor/Associate professor OR Faculty with 8 years of PG Teaching Experience after M.Sc.,
- Co guide: Medical preceptor
- Guide student ratio- 1:5
- There should be a separate research/Scientific committee in the college/hospital to guide and oversee the progress of the research (minimum of 5 members with principal or CNO-MScN)
- Ethical clearance should be obtained by the Institution ethics committee

# VI. ASSESSMENT - Assessment of the Progress

- Seminar
- Written assignments/Term papers

- Case/Clinical presentation
- Nursing process report/Care study report
- Clinical performance evaluation
- Log book- (Competency list and clinical requirements) counter signed by the medical/nursing faculty preceptor
- Objective Structured Clinical Examination(OSCE)/OSPE
- Test papers
- Final examination

#### **ASSESSMENT GUIDELINES:**

## **EXAMPLE -DETAILED PLAN I YEAR**

## I. <u>HEALTH ASSESSMENT</u>

#### 1. INTERNAL PRACTICAL exam- OSCE (Marks allotted- 25 marks)

Stations (5)	CORE COMPETENCY DOMAINS (DURATION & MARKS)										
,,	Health assessment (Focused history and physical examination) Adult	Health assessment (Focused history and physical examination) Pediatric	Interpretation of history/physical exam findings and lab results & Identification of health diagnosis	Monitoring clinical parameters (Competencies )							
I	10 minutes (5 marks)										
II		10 minutes (5marks)									
III			10 minutes (5marks)								
IV				10 minutes (5marks)							
V	Rest Station (5/10 minutes)										

OSCE – 20 marks (4x5)
ORAL EXAMINATION – 5 marks

## TOTAL - 25 marks

{End of posting can follow the same as above having 5 stations with 5 minute duration each station ( marks- 4x4=16, oral exam-4 marks, total=20/2=10 marks)}

## 2. EXTERNAL OSCE (Marks allotted-50)

	CORE COMPETENCY DOMAINS (TIME DURATION in minutes & MARKS)												
Stati ons (10)	Health asso (History ta		Health assess (Physical exam	ment	Interpret	ation of and health	Monitori clinical paramet (Procedu competer	ers ıral					
	Focused history (Adult)	Focused history (Pediatric)	Physical examination (Adult)	Physical examination (Pediatric)	History & Physical exam	Diagnostic tests	1	2					
Ι	10 min (5 marks)												
II		10 min(5 marks)											
III			10 min (5marks)										
IV				10 min (5marks)									
V	Rest Statio	n 1 (5/10minut	tes)										
VI					10 min (5marks)								
VII						10 min (5marks)							
VIII							10 min (5marks)						
IX								10 min (5mar ks)					
X	Rest statio	n 2 (5/10 minu	tes)										

On completion of procedural competencies in log book and clinical requirements, the NP student is qualified to appear for final practical examination OSCE-40

**ORAL EXAMINATION – 10 marks** 

TOTAL – 50 marks

## **II YEAR**

## **I. FOUNDATIONS OF CRITICAL CARE NURSING**

## 1. INTERNAL PRACTICAL OSCE (Marks allotted- 50 marks)

Stations (5)	CORE COMPETENCY DOMAINS (DURATION in minutes & MARKS)										
	Health assessment (Focused history and physical examination) and interpretation	Monitoring competencies (Invasive and noninvasive)	Therapeutic interventions- (Emergency procedural competencies) Including drug administration	Family Education and counseling							
I	10 minutes (10marks)										
II		10 minutes (10marks)									
III			10 minutes (10marks)								
IV				10 minutes (10marks)							
V	Rest Station (5/10 minutes)										

OSCE- 40 marks (4x10)
ORAL EXAMINATION – 10 marks

TOTAL - 50 marks

{End of posting can follow the same as above having 5 stations with 5 minute duration each station (marks- 4x4=16, oral exam-4 marks, total=20/2=10 marks)}

## 2. EXTERNAL PRACTICAL EXAMINATION OSCE (Marks allotted-100)

	CORE COMPETENCY DOMAINS (TIME DURATION in minutes & MARKS)													
Stati ons (10)	ns (Focused history and		Monitori competer (Invasive noninvas	ng ncies e and	Development of Plan of care	Family education and counseling	Therapeutic interventions (emergency procedural competencies) Including drug administration-2							
	1 (adult)	1 (Pediatric)	1	1			1	1						
I	10 min (10 marks)													
II		10 min (10 marks)												
III			10 min (10 marks)											
IV				10 min (10marks)										
V	Rest Station	1 (5/10minutes	<u> </u> 											
VI					10 min (10marks)									
VII						10 min (10marks)								
VIII							10 min (10marks)							
IX								10 min (10marks)						
X	Rest station 2	2 (5/10 minutes	s)											

On completion of procedural competencies in log book and clinical requirements, the NP student is qualified to appear for final practical examination OSCE-80

**ORAL EXAMINATION – 20 marks** 

TOTAL - 100 marks

## **II.** CRITICAL CARE NURSING I

## 1. INTERNAL OSCE (Marks allotted- 50 marks)

Stations (5)	CORE COMPETENCY DOMAINS (DURATION in minutes & MARKS)									
	Health assessment (Focused history and physical examination) and interpretation	Monitoring competencies (Invasive and noninvasive)	Development of care plan/care pathway	Therapeutic interventions- (Emergency procedural competencies) Including drug administration						
I	10 minutes (10marks)									
II		10 minutes (10marks)								
III			10 minutes (10marks)							
IV				10 minutes (10marks)						
V	Rest Station (5/10 minutes)									

OSCE- 40 marks (4x10)
ORAL EXAMINATION – 10 marks

TOTAL- 50 marks

{End of posting can follow the same as above having 5 stations with 5 minute duration each station (marks- 4x4=16, oral exam-4 marks, total=20/2=10 marks)}

## 2. EXTERNAL PRACTICAL EXAMINATION OSCE (Marks allotted-100)

		CORE COMPETENCY DOMAINS (TIME DURATION in minutes & MARKS)												
Stati ons (10)	rs (Focused history and		Monitori ng compete ncies (Invasive and noninvas ive)	Development of Plan of care/care pathway	Family education and counseling	Drug administra tion	Therapeut interventio (emergenc procedura competenc	ons y l						
	1(adult)	1(Pediatri c)					1	1						
I	10 min (5 marks)													
II		10 min (5 marks)												
III			10 min (5marks)											
IV				10 min (5marks)										
V	Rest Statio	on 1 (5/10min	utes)			l	l	l						
VI					10 min (5marks)									
VII						10 min (5marks)								
VIII							10 min (5marks)							
IX								10 min (5marks)						
X	Rest station	n 2 (5/10 min	nutes)											

Completion of Procedural competencies –Qualifying bench mark to appear for final practical examination OSCE-80

**ORAL EXAMINATION – 20 marks** 

TOTAL - 100 marks

#### III. CRITICAL CARE NURSING II

## 1. INTERNAL PRACTICAL OSCE (Marks allotted- 50 marks)

Stations (5)	CORE COMPETENCY DOMAINS (DURATION in minutes & MARKS)									
	Health assessment (Focused history and physical examination) and interpretation	Monitoring competencies (Invasive and noninvasive)	Development of care plan/care pathway	Therapeutic interventions- (Emergency procedural competencies) Including drug administration						
I	10 minutes (10marks)									
II		10 minutes (10marks)								
Ш			10 minutes (10marks)							
IV				10 minutes (10marks)						
V	Rest Station (5/10 minutes)									

OSCE- 40 marks (4x10)
ORAL EXAMINATION – 10 marks INTERNAL

**TOTAL PRACTICAL – 50 marks** 

{End of posting can follow the same as above having 5 stations with 5 minute duration each station and one rest station( marks- 4x4=16, oral exam-4 marks, total=20/2=10 marks)}

## 2. EXTERNAL PRACTICAL EXAMINATION OSCE (Marks allotted-)

		CORE COMPETENCY DOMAINS (TIME DURATION in minutes & MARKS)												
Stati ons (10)	Clinical as (history, pl exam &dia tests) and interpretat	hysical agnostic	Monitoring competencies (Invasive and noninvasive)	Develop ment of Plan of care/care pathway	Family education and counseling	Drug administr ation	Therapeutic interventions (critical care competencies)-2							
	1(Adult)	1(Pediatri c)					1	1						
I	10 min (5 marks)													
II		10 min (5 marks)												
III			10 min (5marks)											
IV				10 min (5marks)										
V	Rest Statio	on 1 (5/10min	l nutes)											
VI					10 min (5marks)									
VII						10 min (5marks)								
VIII							10 min (5marks)							
IX								10 min (5marks)						
X	Rest statio	n 2 (5/10 mir	nutes)	•		•	•	•						

On Completion of Procedural competencies, the NP student is qualified to appear for final practical examination

OSCE-80

ORAL EXAMINATION – 20 marks

TOTAL – 100 marks

# Scheme of Final Examination with Maximum Marks Distribution

S. NO	Title		Theory %			Practical %				
		Hours	Internal	External	Hours	Internal	External			
		['	/ear			·				
1	I Year Core Courses Theoretical Basis for Advanced Practice Nursing	3 hrs	50							
2	Research Application and Evidence Based Practice in Critical Care	3 hrs	30	70						
3	Advanced skills in Leadership, Management and Teaching Skills	3 hrs	30	70						
4	Advanced Practice Courses  Advanced Pathophysiology & Advanced Pharmacology relevant to Critical Care	3 hrs	30	70						
5	Advanced Health/physical Assessment	3 hrs	30	70		25	50			
1	II year Specialty Courses Foundations of Critical Care Nursing Practice	3 hrs	30	70		50	100			
2	Critical Care Nursing I	3 hrs	30	70		50	100			
3	Critical Care Nursing II	3 hrs	30	70		50	100			
4	Dissertation	3 hrs					50			

## **EVALUATION FORMATS**

# COMPETENCY BASED CLINICAL PERFORMANCE EVALUTION

## NURSE PRACTITIONER IN CRITICAL CARE (NPCC) POST GRADUATE RESIDENCY PROGRAM

N	lar	n	е	0	f	tl	h	е	S	tı	u	d	e	n	t	:
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ICU/UNIT: Date: From:

Year: IYear/II Year To:

Sl.		1	2	3	4	Rating	Score
NO.							
I.	CLINICAL PRACTICE						
	<u>COMPETENCIES</u> :						
1.	Performs initial assessment of the						
1.	critically ill patient (ABCDE approach)					1.0	
	to identify need for emergency action					1.0	
2	Obtains comprehensive and focused age					1.0	
	specific history of critically ill patient						
	from patient/family members						
3.	Performs appropriate clinical/physical					1.0	
	examination using correct techniques						
4.	Accurately interprets findings of history,						
	physical examination and investigations					0.5	
5.	Works collaboratively with Intensivists					0.5	
	for development of diagnosis for the						
	presenting problem while prioritizing the						
	care						
6.	Documents initial assessment and plan						
	of care accurately					1.0	
7.	Applies the pathophysiological						
	principles in developing diagnosis, plan						
	of care, symptom management and						
	secondary prevention of critical illnesses					0.5	

Sl.				_	_	D (1	a
No.		1	2	3	4	Rating	Score
8.	Uses invasive and noninvasive technology and advanced skills to assess, monitor and promote physiologic stability in the management of emergency situations as per institutional protocols					2.0	
9.	Demonstrates critical thinking in clinical decision-making and selects appropriate interventions.					1.0	
10.	Provides culturally safe and competent care applying nursing process/care pathways.					2.0	
11.	Performs safe drug administration based on pharmacological principles, sound knowledge of drug interactions and as per institutional standing orders					2.0	
12.	Documents drugs administered accurately and provides follow up care					0.5	
13.	Seeks appropriate assistance from preceptor to maintain patient and environment safety					0.5	
14.	Evaluates and documents patients' responses to care provided and the effectiveness of care					0.5	
15.	Provides anticipatory guidance and counseling to families and patients in crisis situations particularly end of life care					1.0	
II. 16.	MANAGEMENT. TEACHING & RESEARCH COMPETENCIES:  Manages and transforms health information to effect health outcomes such as cost, quality and satisfaction					1.0	

Sl.		1	2	3	4	Rating	Score
No.		1			•	Rating	Score
17.	Applies problem solving, critical thinking and decision making skills effectively in managing patient care in ICU					1.0	
18.	Creates and maintains a safe therapeutic environment using risk management strategies and quality improvement					1.0	
19.	Provides education appropriate to age and needs of patients using effective teaching methods, media and evaluation					1.0	
20.	Analyzes the evidence for nursing interventions carried out in critical care nursing practice to promote safety and effectiveness of care					1.0	
III.	PERSONAL AND PROFESSIONAL						
21.	COMPETENCIES:  Assumes personal accountability and responsibility in practicing the Nurse practitioner's roles and competencies and articulates role to public and other health care professionals					1.0	
22.	Engages in ethical practice having a sound knowledge of law, ethics and regulation of advanced nursing practice					1.0	
23	Actively participates in collaborative practice involving all critical care team members and performs the NP roles within the authorized scope					1.0	
24	Builds effective interpersonal relationship and communication with patients, families and critical care team based on trust and respect and integrity					1.0	

Sl. No.		1	2	3	4	Rating	Score
25	Assumes personal responsibility for professional development					1.0	
	TOTAL SCORE					25	100

K	ev	•

4. Outstanding/excellent	(90-100%)	١
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- 3. Proficient/competent (75 to <90%)
- 2. Needs improvement (50 to <75%)
- 1. Unsatisfactory/unacceptable (25 to <50%)

**REMARKS BY PRECEPTOR:** (Include general impressions, unusual incidents and justify scores 1 and 4)

REMARKS BY FACULTY:	
Signature of the preceptor with date	Signature of the faculty with date

## **REMARKS BY THE STUDENT:**

Signature of the student with date

## **CLINICAL PRESENTATION EVALUATION**

(PATHOPHYSIOLOGY)

NAME OF THE STUDENT:	
YEAR I/II:	
COURSE:	
TOPIC:	
DATE:	

S.No.	Presentation skills	Marks allotted	Marks obtained
1.	Coverage of content -12		
	1.1 Brief patient presentation	4	
	1.2 Relevant normal physiology and abnormal physiological changes/processes related to critical condition	8	
2.	Clarity and credibility in presentation	1	
3.	Well organized	1	
4.	Interesting and creative, use of illustrations	2	
5.	Group involvement & effective handling of questions	1	
6.	Confidence and resourcefulness	1	
7.	Professional outlook-poise, emotional stability	1	
8.	Time management	1	
	TOTAL	20	

Signature of preceptor

Signature of faculty

# **CLINICAL PRESENTATION**

(HEALTH ASSESSMENT)

NAME OF THE STUDENT:	
YEAR I/II:	
COURSE:	
TOPIC:	
DATE:	

S.No.	Presentation skills	Marks allotted	Marks obtained
1.	Coverage of content -12		
	1.1. ABCDE initial assessment of critically ill	3	
	1.2. Focused History	3	
	1.3. Focused physical examination	3	
	1.4. Diagnostic /lab tests and interpretation & probable diagnosis	3	
2.	Clarity and credibility in presentation	1	
3.	Well organized	1	
4.	Interesting and creative, use of illustrations	2	
5.	Group involvement & effective handling of questions	1	
6.	Confidence and resourcefulness	1	
7.	Professional outlook-poise, emotional stability	1	
8.	Time management	1	
	TOTAL	20	

Signature of preceptor

Signature of faculty

# CASE STUDY REPORT (HEALTH ASSESSMENT)

S.No.	Particulars	Marks allotted	Marks obtained
1.	Patient history & significant findings (includes ABCDE initial assessment)	6	
2.	Physical examination & significant findings	3	
3.	Diagnostic /lab tests and interpretation	3	
4.	Discussion and conclusion of findings with probable diagnosis	2	
5	Organization in presenting the written content	2	
6	Use of illustrations	2	
7	References	2	
	Total	20	

Signature of preceptor

Signature of faculty

## DRUG STUDY PRESENTATION & DRUG STUDY REPORT

NAME OF THE STUDENT:	
YEAR I/II:	
COURSE:	
TOPIC:	
DATE:	

# **DRUG STUDY PRESENTATION**

S.No.	Presentation skills	Marks allotted	Marks obtained
1.	Coverage of content -12		
	1.1. Drug name –generic with dosage, therapeutic ranges & route of administration	3	
	1.2. Mechanism of Action, metabolism and excretion	2	
	1.3. Side effects, adverse reactions, drug interactions and management incl. anaphylaxis management	3	
	1.4. Precautions and monitoring	1	
	1.5. Patient's response to drug treatment	1	
	1.6. Overdose-symptoms & treatment	2	
2.	Clarity and credibility in presentation	1	
3.	Well organized	1	
4.	Interesting and creative, use of illustrations	2	
5.	Group involvement & effective handling of questions	1	
6.	Confidence and resourcefulness	1	
7.	Professional outlook-poise, emotional stability	1	
8.	Time management	1	
	TOTAL	20	

Signature of preceptor

Signature of faculty

# **DRUG STUDY REPORT**

S.No.	Particulars	Marks allotted	Marks obtained
1.	Drug name –generic with dosage, therapeutic ranges & route of administration	3	
2	Mechanism of Action, metabolism and excretion	2	
3	Side effects, adverse reactions, drug interactions and management incl. anaphylaxis management	3	
4	Precautions and monitoring	1	
5	Patient's response to drug treatment	1	
6	Overdose-symptoms & treatment	2	
7	Discussion and conclusion	2	
8	Organization in presenting the written content	2	
9	Use of illustrations	2	
10	References	2	
	Total	20	

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Signature of faculty

## **CLINICAL PRESENTATION EVALUATION**

(CRITICAL CARE NURSING I&II)

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YEAR I/II: COURSE:

TOPIC: DATE:

## **CLINICAL PRESENTATION**

S.No.	Presentation skills	Marks allotted	Marks obtained
1.	Coverage of content -12		
	1.1. Introduction or chief complaint	1	
	1.2. History of present illness	2	
	1.3. Physical examination	2	
	1.4. Diagnostic tests	1	
	1.5. Diagnosis & relevant pathophysiology	1	
	1.6. Management and outcomes	4	
	1.7. Summary	1	
2.	Clarity and credibility in presentation	1	
3.	Well organized	1	
4.	Interesting and creative, use of illustrations	2	
5.	Group involvement & effective handling of questions	1	
6.	Confidence and resourcefulness	1	
7.	Professional outlook-poise, emotional stability	1	
8.	Time management	1	
	TOTAL	20	

Signature of preceptor

Signature of faculty

# CASE STUDY REPORT (CRITICAL CARE NURSING I & II)

S.No.	Particulars	Marks allotted	Marks obtained
1.	Introduction of patient, history & physical examination, and Diagnostic tests – significant findings	5	
2.	Diagnosis and relevant pathophysiology	1	
3.	Management plan (Identification of outcomes & Development of plan for care/care pathway)	2	
4.	Management (Treatment and nursing interventions including family education and counseling) & Achievement of outcomes (Patients responses to treatment and interventions)	4	
5	Discussion and conclusion	2	
6	Organization in presenting the written content	2	
7	Use of illustrations	2	
8	References	2	
	Total	20	

Signature of preceptor

Signature of faculty

# **SEMINAR EVALUATION**

NAME OF THE STUDENT:	
YEAR I/II:	
COURSE :	
TOPIC:	
DATE :	

S.No.	Presentation skills	Marks allotted	Marks obtained
1.	Coverage of content (Relevant and current knowledge)	10	
2.	Clarity and credibility in presentation	2	
3.	Well organized	2	
4.	Interesting and creative	1	
5.	Group involvement & effective handling of questions	2	
6.	Confidence and resourcefulness	1	
7.	Professional outlook-poise, emotional stability	1	
8.	Time management	1	
	TOTAL	20	
	WRITING SKILLS		
9	Content coverage (Relevant and current knowledge)	5	
10	Organization in presenting the content (Introduction, text and conclusion)	3	
11	Use of illustrations	1	
12	References	1	
	TOTAL	10	

Signature of preceptor

Signature of faculty

# **JOURNAL CLUB EVALUATION**

NAME OF THE STUDENT:	
YEAR I/II:	
COURSE:	
TOPIC:	
DATE:	

S.No.	Paper selection and Presentation skills	Marks allotted	Marks obtained
1.	Paper selection (From peer reviewed journal and current knowledge relevant to critical care nursing practice)	4	
2.	Quality of research (Research question, objectives, methods, results & discussion) / content reviewed	4	
3.	Critical appraisal of the content/results of research	4	
4.	Interesting and creative, Use of AV aids-organization and clarity	2	
5.	Group involvement & effective handling of questions	2	
6.	Organization, clarity and credibility in presentation	2	
7.	Professional outlook-poise, emotional stability	1	
8.	Time management	1	
	TOTAL	20	

Signature of preceptor

Signature of faculty

# TEACHING / MICRO TEACHING EVALUATION (Family/student education)

NAME OF THE STUDENT:
YEAR I/II:
COURSE: TOPIC:
AUDIENCE: DATE:
DURATION TAKEN:

S.No.	Particulars	Marks allotted	Marks obtained
I.	PREPARATION OF TEACHING PLAN	3	
	Objectives		
	Content (appropriate, adequate, organization, recent updates)  • References		
II.	PREPARATION OF SETTING	2	
	Seating, lighting, ventilation, cleanliness, availability of resources		
III.	PRESENTATION	10	
	Learning outcomes/objectives made clear to the audience		
	Clarity in presentation		
	Organization of content		
	Confidence in presentation		
	Appropriate eye contact, posture, Language, manners and discipline		
	Group involvement & Sustaining the interest of the group		
	Keeping the interest of the group		
	Clarifying doubts and leading discussions		
	Use of appropriate illustrations		
	Time management		

IV.	TEACHING AID	3	
	Appropriate and effective use		
	Creativity & clarity		
V.	ASSIGNMENT/PLAN FOR FOLLOW UP	2	
	Relevant & Achievable		
	Total	20	

Signature of preceptor

Signature of faculty

# **Preceptor evaluation**

S.No	Attributes	Score
1	Facilitates communication with critical care team and NP students	12345
2	Manages time effectively	1 2 3 4 5
3	Competent in specialized clinical skills and shares knowledge and techniques appropriate to clinical learning outcomes	12345
4	Respects students	1 2 3 4 5
5	Asks questions in non- threatening way	1 2 3 4 5
6	Receptive to students' questions	1 2 3 4 5
7	Provides relaxed atmosphere for learning	1 2 3 4 5
8	Validates students clinical skills and provides ongoing feed back	12345
9	Demonstrates enthusiasm for teaching	12345
10	Willing to work with novice students	1 2 3 4 5

Key 1- unsatisfactory, 2- minimally satisfactory, 3- Satisfactory, 4- highly satisfactory, 5- Excellent

## VII. CURRICULUM

## **Courses of Instruction**

		Theory(Hrs)	Lab/Skill Lab(Hrs)	Clinical (Hrs)				
l Year								
	Core Courses	40						
'	Theoretical Basis for Advanced Practice Nursing Research Application and Evidence Based	40						
П	Practice in Critical Care	56	24	336				
	Advanced skills in Leadership, Management and			7wks				
Ш	Teaching Skills	56	24	184				
	Advanced Practice Courses			4wks				
	Advanced Pathophysiology applied to Critical							
IV	Care	60		336				
	Advanced Pharmacology applied to Critical Care			7wks				
V	Advanced Health/physical Assessment	54		336				
		70	40	7wks				
VI		70	48	576				
	1	226	0.0	12wks				
TOTAL= 2208hrs		336 (7wks)	96 (2wks)	1776(37wks)				
II year								
	Specialty Courses							
VII	Foundations of Critical Care Nursing Practice	96	48	552				
				11wks				
VIII	Critical Care Nursing I	96	48	552				
IX	Critical Care Nursing II	96	48	13wks <b>644</b>				
	ortical care reasons in	30	10	13wks				
TOTAL=2208hrs		288	144	1748				
		(6wks)	(4wks)	(37wks)				

No of weeks available in an year =52 -6 (Annual leave, Casual leave, sick leave = 6 weeks) =46 weeks x 48 hrs = 2208 hrs

Two years = 4416 hrs

Instructional Hours: Theory = 624hrs, Skill lab= 240hrs, Clinical =3552hrs

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I year: 336-96-1776hrs (Theory-skill lab-clinical) [Theory + Lab=20%, Clinical=80%]
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II year : 288-144-1776hrs ( " ) [Theory + Lab=20%, Clinical=80%]
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### I YEAR =46 weeks/ 2208 hrs(46x48hrs)( Theory +Lab :7.5 hrs/week for 44wks =336+96 hrs\*)

\*Theory + Lab= 96 hrs can be given for 2wks in the form of introductory block classes and workshops

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II YEAR=46 weeks/ 2208 hrs(46x48hrs) ( Theory +Lab : 8.5hrs/week for 45wks=384+48hrs) (1
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week Block classes = 48 hrs)

#### **CLINICAL PRACTICE**

- A. Clinical Residency experience(A minimum of 48 hrs/ week is prescribed, however, it is flexible with different shifts and OFF followed by on call duty)
- B. 8 hours duty with one day Off in a week and on call duty one per week

## Clinical placements:

I year: 44 weeks (excludes 2 weeks of introductory block classes and workshop)

Medical ICU - 12 weeks

Surgical ICU – 12 weeks

Cardio/Cardio thoracic (CT) ICU – 8 weeks

Emergency Department - 6 weeks

Other ICUs (Neurology, Burns, Dialysis, NICU/PICU, OBG) - 6 weeks

II Year: 45wks (Excludes one week of block classes)

Medical ICU – 12 weeks

Surgical ICU – 12 weeks

Cardio/Cardio thoracic (CT) ICU – 8 weeks

Emergency Department - 8 weeks

Other ICUs (Neurology, Burns, Dialysis, NICU/PICU, OBG) - 6 weeks

## C. Teaching methods:

Teaching-theoretical, lab & Clinical can be done in the following methods and integrated during clinical posting

- Clinical conference
- Case/clinical presentation
- In depth drug study, presentation and report
- Nursing rounds
- Clinical seminars

- Journal clubs
- Case study/Nursing process
- Advanced health assessment
- Faculty lecture in the clinical area
- Directed reading
- Assignments
- Case study analysis
- Workshops

## D. Procedures/log book

At the end of each clinical posting, clinical log book (Specific competencies/Clinical skills & clinical requirements) has to be signed by the preceptor every fortnight (Appendix 2a, 2b, 3)

## E. NP Critical Care Competencies

- 1. Uses advanced comprehensive assessment, diagnostic, treatment planning, implementation and evaluation skills
- 2. Applies and adapts advanced skills in complex and / or unstable environments
- 3. Applies sound advanced clinical reasoning and decision making to inform, guide and teach in practice
- 4. Documents assessment, diagnosis, management and monitors treatment and follow-up care
- 5. Administer drugs and treatments according to institutional protocols/Standing orders. Prescriptive authority is not part of NPs responsibilities
- 6. Uses applicable communication, counseling, advocacy and interpersonal skills to initiate, develop and discontinue therapeutic relationships in consultation with doctors
- 7. Refers to and accepts referrals from other health care professionals to maintain continuity of care
- 8. Consults with and is consulted by other health care professionals
- 9. Works in collaboration with health team members in the interest of the patient
- 10. Develops a practice that is based on current scientific evidence and incorporated into the health management of patients, families and communities
- 11. Introduces, tests, evaluates and manages evidence based practice
- 12. Uses research to produce evidence based practice to improve the safety, efficiency and effectiveness of care through inter-professional research
- 13. Engages in ethical practice in all aspects of the APN role responsibility
- 14. Accepts accountability and responsibility for own advanced professional actions, and continued competence
- 15. Maintains a safe therapeutic environment through the use of risk management strategies and quality improvement
- 16. Assumes leadership and management responsibilities in the delivery of efficient advanced practice nursing services in a changing health care system
- 17. Acts as an advocate for patients in the health care systems and the development of health policies that promote and protect the individual patient, family and community

# F. Institutional Protocol/standing orders based administration of drugs & ordering of investigations and therapies

The students will be trained to administer drugs and order diagnostic tests, procedures, medical equipment and therapies as per institutional protocols/standing orders. Administration of emergency drugs is carried out as per the advice of the concerned physician.

# Implementation of curriculum-A tentative plan

l yr. Courses	Introductory classes	Workshop	Theory integrated in clinical practicum	Methods of teaching (Topic can be specified)
Theoretical basis for Advanced practice Nursing (40)	8hrs		1x32=32hrs	<ul><li>Seminar / Theory application</li><li>Lecture (faculty)</li></ul>
Research Application and     Evidence Based Practice in     Critical Care (56+24)	8	40 (5days) +6hrs	1x26=26hrs	<ul><li>Research study analysis/</li><li>Exercise / Assignment (lab)</li></ul>
Advanced skills in leadership,     Management and Teaching     (56+24)	12	2hrs(Block classes )	1x26=26hrs 2.5x16=40hrs	<ul><li>Clinical conference</li><li>Seminar</li><li>Exercises/Assignment (lab)</li></ul>
4. Advanced Pathophysiology (60)			1.5x37=56hrs	<ul><li>Case presentation</li><li>Seminar</li><li>Clinical conference</li></ul>
5. Advanced Pharmacology (54)			1x44=44hrs	<ul><li>Nursing rounds</li><li>Drug study presentation</li><li>Standing orders / presentation</li></ul>
6. Advanced Health Assessment (70+40)	6hrs		2x26=52hrs 1.5x18=27hrs 1x12=12hrs 2x7=14hrs 2x2=4hrs	<ul> <li>Clinical demonstration (faculty)</li> <li>Return demonstration</li> <li>Nursing rounds</li> <li>Physical assessment(all systems)</li> <li>Case study</li> </ul>

I Year — Introductory classes= 1 week, Workshop = 1 week,44 weeks = 7.5 hrs/week

II year courses 1wk Block classes (48hrs)	Theory integrated into clinical practicum	Methods of teaching
1. Foundations (96+48hrs) =144hrs	9hrs x11wks=99hrs	<ul> <li>Demonstration (lab)</li> <li>Return demonstration (lab)</li> <li>Clinical teaching</li> <li>Case study</li> <li>Seminar</li> <li>Clinical conference</li> <li>Faculty lecture</li> </ul>
2. Critical Care Nursing 96+48hrs) =144hrs	9x16=144hrs	<ul> <li>Demonstration (lab)</li> <li>Return Demonstration (lab)</li> <li>Clinical conference / journal club</li> <li>Seminar</li> <li>Case presentation</li> <li>Drug study(including drug interaction)</li> <li>Nursing rounds</li> <li>Faculty lecture</li> </ul>
3. Critical Care Nursing II 96+48hrs) =144hrs	9x16=144hrs	<ul> <li>Demonstration (lab)</li> <li>Return Demonstration</li> <li>Nursing rounds</li> <li>Clinical conference / journal club</li> <li>Seminar</li> <li>Faculty lecture</li> </ul>

II year 45wks – 8.5/9hrs/week

Topic for every teaching method will be specified in the detailed plan by the respective teacher/institution concerned

## **CORE COURSES**

## I. Theoretical Basis for Advanced Practice Nursing

#### **COMPETENCIES**

- 1. Analyses the global healthcare trends and challenges
- 2. Analyses the impact of Healthcare and Education policies in India on nursing, consulting the documents available.
- 3. Develops in depth understanding of the healthcare delivery system in India, and its challenges
- 4. Applies economic principles relevant to delivery of healthcare services in critical care
- 5. Manages and transforms health information to effect health outcomes such as cost, quality and satisfaction
- 6. Accepts the accountability and responsibility in practicing the Nurse practitioner's roles and competencies
- 7. Actively participates in collaborative practice involving all healthcare team members in critical care within the authorized scope
- 8. Engages in ethical practice having a sound knowledge of law, ethics and regulation of advanced nursing practice
- 9. Uses the training opportunities provided through well planned preceptorship and performs safe and competent care applying nursing process
- 10. Applies the knowledge of nursing theories in providing competent care to critically ill patients
- 11. Predicts future challenges of nurse practitioner's roles in variety of healthcare settings particularly in India

Hours of instruction: 40hrs.

Sl. No.	Торіс	Hours
1.	Global Health Care Challenges and Trends(Competency-1)	2
2.	Health System in India	2
	Health Care Delivery System in India – Changing Scenario(Competency-3)	
3.	National Health Planning – 5 year plans and National Health Policy(Competency-2)	2
4.	Health Economics & Health Care financing(Competency- 4)	4
5.	Health Information system including Nursing Informatics (use of computers)(Competency-5)	4
	Advanced Nursing Practice (ANP)	
6.	ANP-Definition, Scope, Philosophy, Accountability, Roles & Responsibilities (Collaborative	3
	practice and Nurse Prescribing roles)(Competency-6&7)	
7.	Regulation (accreditation of training institutions and Credentialing) & Ethical Dimensions of	3
	advanced nursing practice role (Competency-8)	
8.	Nurse Practitioner – Roles, Types, Competencies, Clinical settings for practice, cultural	3
	competence(Competency-6)	

Sl. No.	Topic	Hours
9.	Training for NPs – Preceptorship (Competency-9)	2
10.	Future challenges of NP practice(Competency-11)	4
11.	Theories of Nursing applied to APN(Competency-10)	3
12.	Nursing process applied to APN(Competency-9)	2
	Self Learning assignments	6
1.	Identify Health Care and Education Policies and analyse its impact on Nursing	
2.	Describe the legal position in India for NP practice. What is the future of nurse prescribing policies in India with relevance to these policies in other countries?	
3.	Examine the nursing protocols relevant to NP practice found in various ICUS in you tertiary centre	
	Tota	40 hrs.

## Bibliography:

Barkers, A.M. (2009). Advanced Practice Nursing. Massachussets: Jones & Bartlett Publishers

Hickey, J. V., Ouimette, R. M., & Venegoni, S. L. (1996). *Advanced practice nursing: Changing roles and clinical applications*. Philadelphia: Lippincott Williams and Wilkins.

Schober, M., &Affara, F. A. (2006). Advanced nursing practice. Oxford: Blackwell publishing.

Stewart, G.J., & Denisco, S.M. (2015). Role Development for the Nurse Practitioner. USA: Springer Publishing Company

# II. Research Application and Evidence Based Practice in Critical Care

#### **COMPETENCIES**

- 1. Applies sound research knowledge and skills in conducting independent research in critical care setting
- 2. Participates in collaborative research to improve patient care quality
- 3. Interprets and uses research findings in advanced practice to produce EBP
- 4. Tests / Evaluates current practice to develop best practices and health outcomes and quality care in advanced practice
- 5. Analyzes the evidence for nursing interventions carried out in critical care nursing practice to promote safety and effectiveness of care
- 6. Develops skill in writing scientific research reports

#### Hours of Instruction

(Theory: 56+Lab/skill lab: 24hrs) =80hrs Sl.No. Topic Hours Research and Advanced Practice Nursing: Significance of Research and inquiry related to 1. 2 Advanced nursing role (Competency 1) Research agenda for APN practice : Testing current practice to develop best practice, health 2. 5 outcomes and indicators of quality care in advanced practice (Competency 3,4,5), promoting research culture Research Knowledge and skills: 40 Research competencies essential for APNs (interpretation and use of research, evaluation of (5 days practice, participation in collaborative research) workshop) Research Methodology Phases / steps (Research question, Review of literature, conceptual framework, research designs, sampling, data collection, methods & tools, Analysis and Reporting) writing research proposal and research report (Competency - 1 & 2)Writing for publication (writing workshop – Manuscript preparation and finding funding sources) (Competency – 6) (workshop) 5. Evidence based practice Concepts, principles, importance and steps Integrating EBP to ICU environment Areas of evidence in critical care Barriers to implement EBP Strategies to promote (Competency -3,4,5) Total 56hrs.

## Practical / Lab & Assignments- 24hrs

- Identifying research priorities
- Writing exercises on Research question, objectives and hypothesis
- Writing research proposal
- Scientific paper writing preparation of manuscript for publication
- Writing systematic review Analyze the evidence for a given nursing intervention in ICU

## Clinical Practicum

• Research practicum: Dissertation (336 hrs=7weeks)

## Bibliography:

Burns, N., & Grove, S. K. (2011). *Understanding nursing research: Building an evidence-based practice* (5th ed.). Ist Indian reprint 2012, New Delhi: Elsevier.

Polit, D. F., & Beck, C. T. (2012). *Nursing research: Generating and assessing evidence for nursing practice* (9th ed.). Philadelphia: Lippincott Williams & Wilkins.

Schmidt, N. A., & Brown, J. M. (2009). Evidence – based practice for nurses appraisal and application of research. Sd: Jones and Bartlet Publishers.

## III. Advanced skills in Leadership, Management and Teaching

## **COMPETENCIES**

- 1. Applies principles of leadership and management in critical care units
- 2. Manages stress and conflicts effectively in a critical care setting using sound knowledge of principles
- 3. Applies problem solving and decision making skills effectively
- 4. Uses critical thinking and communication skills in providing leadership and managing patient care in ICU
- 5. Builds teams and motivates others in ICU setting
- 6. Develops unit budget, manages supplies and staffing effectively
- 7. Participates appropriately in times of innovation and change
- 8. Uses effective teaching methods, media and evaluation based on sound principles of teaching
- 9. Develops advocacy role in patient care, maintaining quality and ethics in ICU environment
- 10. Provides counseling to families and patients in crisis situations particularly end of life care

Hours of Instruction (56+24=80Hrs)

Sl.No.	Topic	Hours
1.	Theories, styles of leadership and current trends	2
2.	Theories, styles of management and current trends	2
3.	Principles of leadership and management applied to critical care settings	4
4.	Stress management and conflict management – principles and application to critical care environment, Effective time management	4
5.	Quality improvement and audit	4
6.	Problem solving, critical thinking and decision making, communication skills applied to critical care nursing practice	5
7.	Team building, motivating and mentoring within ICU set up	2
8.	Budgeting and management of resources including human resources – ICU budget, material management, staffing, assignments	5
9.	Change and innovation	2
10.	Staff performance, and evaluation (performance appraisals)	6

11.	Teaching – Learning theories and principles applied to Critical Care Nursing	2
12.	Competency based education and outcome based education	2
<b>1</b> 3.	Teaching methods / strategies, media: educating patients and staff in Critical Care settings	8
14.	Staff education and use of tools in evaluation	4
15.	APN – Roles as a teacher	2
16.	Advocacy roles in critical care environment	2
	Total	56 hrs.

## Practical / Lab = 24 hrs.

- 1. Preparation of staff patient assignment
- 2. Preparation of unit budget
- 3. Preparation of staff duty roster
- 4. Patient care audit
- 5. Preparation of nursing care standards and protocols
- 6. Management of equipment and supplies
- 7. Monitoring, evaluation, and writing report of infection control practices
- 8. Development of teaching plan
- 9. Micro teaching / patient education sessions
- 10. Preparation of teaching method and media for patients and staff
- 11. Planning and conducting OSCE/OSPE
- 12. Construction of tests

## Assignment - ICU work place violence

## Bibliography:

Bastable, S. B. (2010). *Nurse as educator: Principles of teaching and learning for nursing practice* (3rd ed.). New Delhi: Jones & Bartlett Publishers

Billings, D. M., & Halstead, J. A. (2009). *Teaching in nursing: A guide for faculty* (3rd ed.). St.Louis, Missouri: Saunders Elsevier.

Clark, C. C. (2010). Creative nursing leadership and management. New Delhi: Jones and Bartlet Publishers.

McConnel.(2008). Management principles for health professionals. Sudbury, M. A: Jones and Bartlet Publishers.

Roussel, L., &Swansburg, R. C. (2010). Management and leadership for nurse administrators (5th ed.). New Delhi: Jones and Bartlet Publishers.

## **ADVANCED NURSING COURSES**

## IV A. Advanced Pathophysiology Applied to Critical Care Nursing – I

## **COMPETENCIES**

- Integrates the knowledge of pathopysiological process in critical conditions in developing diagnosis and plan of care
- Applies the pathophysiogical principles in symptom management and secondary prevention of critical illnesses
- Analyzes the pathophysiological changes relevant to each critical illness recognizing the value of diagnosis, treatment, care and prognosis

**Hours of instruction:** Theory: 30 hours

Unit	Hours	Content
	(8)	1. Cardiovascular function Advanced pathophysiological process of cardiovascular conditions Hypertensive disorder Peripheral artery disorder Venous disorders Coronary artery diseases Valvular heart disease Cardiomyopathy and heart failure Cardiac Tamponade Arrythmias Corpumonale Heart block and conduction disturbances Pulmonary function Advanced pathophysiological process of pulmonary conditions Chronic obstructive pulmonary disease Disorders of the pulmonary vasculature Infectious diseases Respiratory failure Chest trauma Neurological function Advanced pathophysiological process of neurological conditions Seizure disorder Cerebrovascular disease Infections Spinal cord disorder Degenerative neurological diseases Neurological trauma Coma, unconsciousness

Unit	Hours	Content
	(4)	4. Renal function Advanced pathophysiological process of renal conditions  Acute renal failure  Chronic renal failure  Infections(Glomerulonephritis)  Nephrotic syndrome  Gastrointestinal and hepatobiliary function Advanced pathophysiological process of hepatobiliary conditions  Gastrointestinal bleeding  Intestinal obstruction  Pancreatitis  Hepatic failure  Gastrointestinal perforation  Endocrine functions Advanced pathophysiological process of endocrine conditions  Diabetic ketoacidosis  Hyperosmolar non ketotic coma  Hypoglycemia  Thyroid storm  Myxedema coma  Adrenal crisis  Syndrome of inappropriate antidiuretic hormone secretion

# IV.B. Advanced Pathophysiology Applied to Critical Care Nursing - II

Hours of instruction Theory: 30 hours

Unit	Hours	Content
	(8)	<ul> <li>1. Hematological function     Advanced pathophysiological process of hematological conditions</li> <li>Disorders of red blood cells     -Polycythemia     -Anemia     - Sickle cell diseases</li> <li>Disorders of white blood cells     -Leucopenia     -Neoplastic disorders</li> <li>Disorders of hemostasis     -Platelet disorders     -Coagulation disorders     - Disseminated intravascular coagulation</li> </ul>
l II	(2)	2. Integumenatry function    Advanced pathophysiological process of integumentary conditions  • Wound healing  • Burns  • Steven Johnson Syndrome
III	(8)	3. Multisystem dysfunction Advanced pathophysiological process of neurological conditions  Shock -Hypovolemic -Cardiogenic -Distributive  Systemic inflammatory syndrome  Multiple organ dysfunction syndrome  Trauma -Thoracic -Abdominal -Musculoskeletal -maxillofacial  Drug overdose and poisoning  Envenomation
IV	(6)	<ul> <li>4. Specific infections Advanced pathophysiological process of specific infections HIV Tetanus SARS Rickettsiosis</li> </ul>

Unit	Hours	Content
V	(6)	<ul> <li>Leptospirosis</li> <li>Dengue</li> <li>Malaria</li> <li>Chickungunya</li> <li>Rabies</li> <li>Avian flu</li> <li>Swine flu</li> </ul> 5. Reproductive functions  Advanced pathophysiological process of reproductive conditions <ul> <li>Antepartum hemorrhage</li> <li>Pregnancy induced hypertension</li> <li>Obstructed labour</li> <li>Ruptured uterus</li> <li>Postpartum hemorrhage</li> <li>Puerperal sepsis</li> <li>Amniotic fluid embolism</li> <li>HELLP (Hemolysis, Elevated Liver enzymes, Low Platelet Count)</li> </ul>
		Trauma

## Bibliography

Huether, S. E., &McCance, K. L. (2012). Understanding pathophysiology (5th ed.). St. Louis, Missouri: Elsevier

John, G., Subramani, K., Peter, J. V., Pitchamuthu, K., &Chacko, B. (2011). Essentials of critical care (8th ed.). Christian Medical College: Vellore.

Porth, C. M. (2007). Essentials of pathophysiology: Concepts of altered health states (2nded.). Philadelphia: Lippincott Williams and Wilkins.

Urden, L. D., Stacy, K. M., & Lough, M. E. (2014). Critical Care Nursing- Diagnosis and management (7th ed.). Elsevier: Missouri

# V. Advanced Pharmacology relevant to Critical Care Nursing

## **COMPETENCIES**

- Applies the pharmacological principles in providing care to critically ill patients and families
- Analyzes pharmaco-therapeutics and pharmacodynamics relevant to drugs used in the treatment of critical care conditions
- Performs safe drug administration based on principles and institutional protocols
- Documents accurately and provides follow up care
- Applies sound knowledge of drug interactions in administration of drugs to critically ill patients in the critical care settings and guiding their families in self care management

Hours of instruction Theory: 54 hours

Unit	Hours	Content
I	2	Introduction to pharmacology in critical care  History Classification of drugs and schedules
II	4	Pharmacokinetics and Pharmaco-dynamics  Introduction  Absorption, Distribution, Metabolism, Distribution and Excretion in critical care  Plasma concentration, half life  Loading and maintenance dose  Therapeutic index and drug safety  Potency and efficacy  Principles of drug administration  The rights of drug administration  Systems of measurement  Enteral drug administration  Topical drug administration  Parentral drug administration
III	5	Pharmacology and Cardiovascular alterations in Critical care  Vasoactive Medications  Vasodilator,  Vasopressor,  Inotropes  Cardiac glycosides – digoxin  Sympathomimetics – Dopamine, dobutamine, epinephrine, isoproterenol, norepinephrine, phenylephrine  Phosphodiesterase inhibitors – amrinone, milrinone  Antiarrhythmic Medications  Cardiac critical care conditions  Medications to improve cardiac contractility  Medications in the management of hypertension in critical care  Medications in the management of angina pectoris and myocardial infarction  Medications in the management of dysrhythmias, Heart block and conduction disturbances

Unit	Hours	Content
		<ul> <li>Medications in the management of Pulmonary hypertension, Valvular heart disease, Cardiomypathy</li> <li>Medications in the management of Atherosclerotic disease of aorta and Peripheral artery disease</li> <li>Medications in the management of Deep vein thrombosis</li> <li>Institutional Protocols/Standing orders for cardiac critical care emergencies</li> </ul>
IV	4	Pharmacology and Pulmonary alterations in Critical care  • Mechanical Ventilation  ② Introduction  ② Medications used on patients with mechanical ventilator  ② Mechanical ventilation impact on pharmacotherapy — Sedation and analgesia, Neuromucsular blockade, Nutrition  • Pulmonary critical care conditions  ② Medications in the management of Status asthmaticus  ② Medications in the management of Pulmonary edema  ② Medications in the management of Pulmonary embolism  ② Medications in the management of Acute respiratory failure and Acute respiratory distress syndrome  ② Medications in the management of Chest trauma  ② Medications in the management of Chronic obstructive pulmonary disease  ② Medications in the management of Pneumonia  ② Medications in the management of Pleural effusion  ② Medications in the management of Atelectasis  • Standing orders for pulmonary critical care emergencies
V	6	Pharmacology and Neurological alterations in Critical care  Pain Discription Sedation Gamma amino butyric acid stimulants Dexmeditomidine Analgosedation Delirium Haloperidol Atypical anti psychotics Medications used for local and general anesthesia Local- Amides, esters, and miscellaneous agents General – Gases, Volatile liquids, IV anesthetics Non anesthetic drugs adjuncts to surgery Paralytic Medications Non-depolarizing and depolarizing agents Anxiolytics Autonomic drugs Adrenergic agents/ Sympathomimetics Adrenergic agents Cholinergic agents Anti cholinergic agents Medications in the management of anxiety and insomnia Antidepressants

Unit	Hours	Content
		Benzodiazepines
		Barbiturates
		Neurological critical care conditions
		Medications in the management of psychoses
		Medications in the management of acute head and spinal cord injury with elevated
		intracranial pressure  Medications in the management of muscle spasm
		Medications in the management of massic spasm     Medications in the management of spasticity
		<ul> <li>Medications in the management of Cerebro vascular disease and cerebro vascular accident</li> </ul>
		Medications in the management of Encephalopathy
		Medications in the management of Gillian Bare syndrome and Myasthenia gravis
		Medications in the management of Brain herniation syndrome
		Medications in the management of Seizure disorder
		Medications in the management of Coma, Unconsciousness and persistent vegetative state Appropriate pursing care to cafeguard patient
		Appropriate nursing care to safeguard patient      Chanding and as for pourelogy exiting large among angles.
\/\		Standing orders for neurology critical care emergencies    Pharmacology and Nonbrology alterations in Critical care
VI	5	Pharmacology and Nephrology alterations in Critical care  • Diuretics
		Fluid replacement
		Crystalloids
		Colloids
		• Electrolytes
		2 Sodium
		Potassium
		2 Calcium
		Magnesium
		Phosphorus
		Nephrology critical care conditions
		☐☐☐Medications in the management of Acute / Chronic renal failure
		☐☐Medications in the management of Acute tubular necrosis
		272 Medications in the management of Bladder trauma
		☐☐Medications in the management of Electrolyte imbalances ☐☐☐Medications in the management of Acid base imbalances
		222Medications used during dialysis
		Standing orders for nephrology critical care emergencies
VII	5	Pharmacology and Gastrointestinal alterations in Critical care
VII	3	Anti-ulcer drugs
		• Laxatives
		Anti diarrheals
		Anti emetics
		Pancreatic enzymes
		Nutritional supplements, Vitamins and minerals
		Gastro intestinal critical care conditions
		প্রায় Medications in the management of Acute GI bleeding, Hepatic failure
		ন্ত্রান্ত্রMedications in the management of Acute pancreatitis

Unit	Hours	Content
		☑☑Medications in the management of Abdominal injury
		☑☑Medications in the management of Hepatic encephalopathy
		☑☑Medications in the management of Acute intestinal obstruction
		☐☐☐ Medications in the management of Perforative peritonitis
		ন্দ্রাথা Medications used during Gastrointestinal surgeries and Liver transplant
		Standing orders for gastro intestinal critical care emergencies
VIII	4	Pharmacology and Endocrine alterations in Critical care
		Hormonal therapy
		Insulin and Other hypoglycemic agents
		Endocrine critical care conditions
		Medications in the management of Diabetic ketoacidosis, Hyperosmolar non
		ketotic coma
		Medications in the management of hypoglycemia
		Medications in the management of Thyroid storm
		Medications in the management of Myxedema coma
		Medications in the management of Adrenal crisis
		Medications in the management of SIADH
		Standing orders for endocrine critical care emergencies
IX	5	Pharmacology and Hematology alterations in Critical care
		Anticoagulants
		Antiplatelet drugs
		• Thrombolytics
		Hemostatics/ antifibrinolytics
		Hematopoietic growth factors
		Erythropoietin
		Colony stimulating factors
		Platelet enhancers
		Blood and blood products
		Whole blood, Packed red blood cells, Leukocyte-reduced red cells, Washed red
		blood cells, Fresh frozen plasma, Cryoprecipitate
		2 Albumin
		Transfusion reactions, Transfusion administration process
		• Vaccines
		• Immunostimulants
		• Immunosuppressant
		Chemotherapeutic drugs – Alkylating agents, anti metabolites, anti tumor
		antibiotics, alkaloids, hormones and hormone antagonist, corticosteroids, gonadal
		hormones, anti estrogens, androgen antagonists, biologic response modifiers
		Hematology critical care conditions
		™Medications in the management of Anemia in critical
		illness@@Medications in the management of DIC
		mMedications in the management of Thrombocytopenia and acute
		leukemia 2222 Medications in the management of Heparin induced
		thrombocytopenia. 2222 Medications in the management of Sickle cell anemia

Unit	Hours	Content
		DEPENMedications in the management of Tumor lysis syndrome     Standing orders for hematology critical care emergencies
X	3	Pharmacology and Skin alterations in Critical care  Hematology critical care conditions  Medications used in burn management Medications used in wound management  Standing orders for skin critical care emergencies
XI	5	<ul> <li>Pharmacology and Multisystem alterations in Critical care</li> <li>Medications in the management of shock, sepsis, Multiple Organ Dysfunction, Systemic inflammatory response syndrome, Anaphylaxis</li> <li>Medications in the management of Trauma, Injuries (Heat, Electrical, Near Hanging, Near drowning)</li> <li>in the management of bites, Drug overdose and Poisoning</li> <li>Medications in the management of fever in critical care setting</li> <li>Antipyretics</li> <li>NSAIDS</li> <li>Corticosteroids</li> <li>Standing orders for multi system critical care emergencies</li> </ul>
XII	6	<ul> <li>Pharmacology and Infections in Critical care</li> <li>Antibacterial drugs</li> <li>Introduction</li> <li>Beta lactams – Penicillins, cephalosporins, monobactams, carbapenams,</li> <li>Aminoglycosides</li> <li>Anti MRSA</li> <li>Macrolides</li> <li>Quinolones</li> <li>Miscellaneous – lincosamide group, nitroimidazole, tetracyclins and chloramphenicol, polymyxins, anti malarials, anti fungals, anti virals</li> <li>Anti fungal drugs</li> <li>Anti protozoal drugs</li> <li>Anti viral drugs</li> <li>Choice of antimicrobials</li> <li>Infectious critical care conditions</li> <li>Medications in the management of HIV, Tetanus, SARS, Rickettsiosis, Leptospirosis, Dengue, Malaria, Chickungunya, Rabies, Avian flu and Swine flu</li> <li>Standing orders for infectious critical care emergencies</li> </ul>

## Bibliography

Johnson, T. J. (2012). *Critical care pharmacotherapeutics*. Jones & Bartlett Learning: United States of America Wynne, A. L., Woo, T. M., &Olyaei, A. J. (2007). *Pharmacotherapeutics for nurse practitioner prescribers* (2nded.). Philadelphia: Davis.

# VI. Advanced Health/Physical Assessment in Critical Care

## **Nursing**

## **COMPETENCIES**

- Applies the physical assessment principles in developing appropriate system wise examination skills
- Uses advanced health assessment skills to differentiate between variations of normal and abnormal findings
- Orders screening and diagnostic tests based on the examination findings and institutional protocols in consultation with doctors
- Analyzes the results of various investigations and works collaboratively with intensivists
- Documents assessment, diagnosis, and management and monitors follow up care in partnership with health care team members, patients, and families

**Hours of instruction**Theory: 70 hours

Practical/Lab: 46 hours

Unit	Hours	Content
		1. Introduction
	(4)	History taking
	( ' '	Physical examination
		2. Cardiovascular system
	(6)	Cardiac history
		Physical examination
		Cardiac laboratory studies – biochemical markers, hematological studies
		Cardiac diagnostic studies – Electrocardiogram, echocardiography, stress testing, radiological
		imaging
		3. Respiratory system
		History
	(6)	Physical examination
		Respiratory monitoring – Arterial blood gases, pulse oximetry, end-tidal carbondioxide monitoring
		Respiratory Diagnostic tests – Chest radiography, ventilation perfusion scanning, pulmonary
		angiography, bronchoscopy, thoracentesis, sputum culture, pulmonary function test
		4. Nervous system
		Neurological history
		General physical examination
		Assessment of cognitive function
		Assessment of cranial nerve function
	(6)	Motor assessment – muscle strength, power, and reflexes
		Sensory assessment – dermatome assessment
		Neurodiagnostic studies – CT scan, MRI, PET
	(6)	5. Renal system
	` ′	History
		Physical examination
		Assessment of renal function

Unit	Hours	Content
		Assessment of electrolytes and acid base balance
		Assessment of fluid balance
	(4)	6. Gastrointestinal system
		• History
		Physical examination
		Nutritional assessment
		Laboratory studies – Liver function studies, blood parameters, stool test
		Diagnostic studies – radiological and imaging studies, endoscopic studies
	(4)	7. Endocrine system
	( ' '	History, physical examination, laboratory studies, and diagnostic studies of
		Hypothalamus and pituitary gland
		Thyroid gland
		Parathyroid gland
		Endocrine gland     Advandal sland
		Adrenal gland
	(4)	8. Hematological system
		History
		Physical examination
		Laboratory studies - blood parameters
		Diagnostic studies – bone marrow aspiration
	(3)	9. Integumentary system
		• History
		Physical examination     Path all air languages times the second se
		Pathological examination – tissue examination
	(6)	10. Musculoskeletal system
		• History
		Physical examination – gait assessment, joint assessment,      Laboratory studies – blood parameters (inflammatory and property and parameters)
		<ul> <li>Laboratory studies – blood parameters (inflammatory enzymes, uric acid)</li> <li>Diagnostic studies - Radiological and imaging studies, endoscopic studies</li> </ul>
	(5)	11. Reproductive system(Male & Female)
	(5)	• History
		Physical examination     A laboratory studies
		<ul><li>Laboratory studies</li><li>Diagnostic studies</li></ul>
		Diagnostic studies
	(4)	12. Sensory Organs
		• History
		Physical examination     Laboratory studies
		<ul> <li>Laboratory studies</li> <li>Diagnostic studies - Radiological and imaging studies, endoscopic studies</li> </ul>
		- Diagnostic studies - Nadiological and Imaging studies, endoscopic studies

Unit	Hours	Content
	(6)	13. Assessment of children
		Growth and development
		Nutritional assessment
		Specific system assessment
	(6)	14. Assessment of older adults  History
		Physical assessment
		Psychological assessment

List of skills to be practiced in the skill lab (46 hours include demonstration by the faculty and practice by the students)

- Comprehensive history taking
- Focused history taking (system wise )
- Comprehensive physical examination
- Procused physical examination (system wise)
- Monitoring clinical parameters (system wise)

Invasive BP monitoring, Multi-parameter Monitors, ECG, Pulse index Continuous Cardiac Output (PiCCO), Peripheral vascular status, ABG, Pulse Oximetry, End Tidal CO2 (ETCO2), Intracranial Pressure (ICP), Glasgow Coma Scale (GCS), Cranial nerve assessment, Pain and Sedation score of critically ill, Motor assessment, Sensory assessment, Renal function tests, Fluid balance, acid base balance, electrolytes, Bowel sounds, Abdominal pressure, Residual gastric volume, Liver function tests, GRBS, Lab tests, Radiological and Imaging tests(system wise)

- 2 Ordering and interpretation of screening and diagnostic tests as per institutional protocols
- Assessment of children-neonate and child
- Assessment of Older adults
- Assessment of pregnant women

## Bibliography

Bickley, L. S., &Szilagyi, P. G. (2013). Bates' guide to physical examination and history taking (11th ed.). New Delhi: Lippincott Williams and Wilkins.

Rhoads, J. (2006). Advanced health assessment and diagnostic reasoning. Philadelphia: Lippincott Williams & Wilkins.

Wilson, S. F., & Giddens, J. F. (2006). Health assessment for nursing practice (4th ed.). St. Louis, Missouri: Saunders Elsevier.

## **CRITICAL CARE SPECIALTY COURSES**

## (Foundations of Critical Care Nursing Practice, Critical Care Nursing I and Critical Care Nursing II)

## **COMPETENCIES**

- Applies advanced concepts of critical care nursing based on sound knowledge of these concepts
- Works in collaboration with other healthcare team members
- Consults with and is consulted by other health care professionals
- Provides nursing care related to health protection, disease prevention, anticipatory guidance, counseling, management of critical illness, palliative care and end of life care
- Uses advanced skills in complex and unstable environments
- Practices principles of infection control relevant to critical care
- Practices within the legal framework of the country towards the interest of patients, families and communities
- Develops practice that is based on scientific evidence
- Uses applicable communication, counseling, advocacy and interpersonal skills to initiate, develop and discontinue therapeutic relationships in consultation with doctors
- Creates and maintains a safe therapeutic environment using risk management strategies and quality improvement
- Adapts practice to the social, cultural and contextual milieu

# VII. Foundations of Critical Care Nursing Practice

Hours of instruction:

Theory: 96 hours, Practical/skill lab: 48 hours

Unit	Hours	Content
	10	Introduction to Critical Care Nursing  Introduction to the course  Review of anatomy and physiology of vital organs (Brain, Spinal Cord, Lungs, Heart, Kidney, Liver, Pancreas, Thyroid, Adrenal and Pituitary gland)  Historical review- Progressive patient care(PPC)  Concepts of critical care nursing  Principles of critical care nursing  Scope of critical care nursing  Critical care unit set up (including types of ICU, equipment, supplies, beds and accessories, use and care of various type of monitors & ventilators, Flow sheets, supply lines and the environment)  Personnel in ICU  Nursing staff  Doctors  Critical care technicians  Ancillary staff  Technology in critical care  Healthy work environment  Future challenges in critical care nursing
II	5	Concept of Holistic care applied to critical care nursing practice  Application of nursing process in the care of critically ill  Admission and progress in ICU- An overall view  Overview of ICU Management  Ensure adequate tissue oxygenation  Maintain chemical environment  Maintain temperature  Organ protection  Nutritional support  Infection control  Physiotherapy and rehabilitation  Family visiting hours  Restraints in critical care – physical, chemical and alternatives to restraints  Death in critical care unit: End of life care/Care of dying, care of family, organ donation  Transport of the critically ill – By air ambulance and surface ambulance  Stress and burnout syndrome among health team members
III	10	Appraisal of the critically ill  Triaging concept, process and principles  Assessment of the critically ill  General assessment Respiratory assessment Cardiac assessment Renal assessment Neurological assessment

• Gastrointestinal assessment

Unit	Hours	Content
Jint	1.0013	Endocrine assessment
		Musculoskeletal assessment
		Integumentary assessment
		Monitoring of the critically ill  • Arterial blood gas (ABG)
		Capnography
		Hemodynamics
		Electrocardiography (ECG)
		Glasgow Coma Scale (GCS)
		Richmond agitation sedation scale (RASS)
		Pain score
		Braden score
		Evaluation of the critically ill
		Evaluation of pre critical illness
		Evaluation of critical illness
		1
		Full outline of unresponsiveness (FOUR)
		Model for end-stage liver disease (MELD)
IV	14	Advanced Concepts and Principles of Critical Care
		I
		patient with invasive and non invasive ventilation
		Circulation and perfusion (including hemodynamic evaluation and waveform graphics)
		Fluids and electrolytes (review), care of patient with imbalances of fluid and electrolytes
		Evaluation of acid base status
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		· ·
		Acute pain services
		Pain assessment – Pain scales, behavior and verbalization
		Pain management-pharmacological (Opioids, benzodiazepines, propofol, Alpha agonist,
V	8	<ul> <li>Outcome and scoring systems</li> <li>Acute Physiology and Chronic Health Evaluation ( APACHE I-IV)</li> <li>Mortality probability model (MPM I, II)</li> <li>Simplified acute physiology score (SAPS I, II)</li> <li>Organ system failure</li> <li>Full outline of unresponsiveness (FOUR)</li> <li>Model for end-stage liver disease (MELD)</li> <li>Advanced Concepts and Principles of Critical Care</li> <li>Principles of cardio-pulmonary-brain resuscitation</li> <li>Emergencies in critical care: CPR</li> <li>BLS</li> <li>ACLS</li> <li>Airway management</li> <li>Oxygenation and oximetry, care of patient with oxygen delivery devices</li> <li>Ventilation and ventilator support (including humidification and inhaled drug therapy), care of patient with invasive and non invasive ventilation</li> <li>Circulation and perfusion (including hemodynamic evaluation and waveform graphics)</li> <li>Fluids and electrolytes (review), care of patient with imbalances of fluid and electrolytes</li> <li>Evaluation of acid base status</li> <li>Thermoregulation, care of patient with hyper/hypo-thermia</li> <li>Liberation from life support (Weaning)</li> <li>Glycemic control, care of patient with glycemic imbalances</li> <li>Pain and Management</li> <li>Pain in Critically ill patients</li> <li>Pain — Types, Theories</li> <li>Physiology, Systemic responses to pain and psychology of pain Review</li> <li>Acute pain services</li> <li>Pain assessment — Pain scales, behavior and verbalization</li> </ul>

Tranquilisers, Neuromuscular blocking agents)

Unit	Hours	Content
		Nonpharmacological management
		Transcutaneous electrical nerve stimulation(TENS)
VI	8	Psychosocial and spiritual alterations: Assessment and management
		Stress and psychoneuroimmunology
		Post traumatic stress reaction
		ICU Psychosis, Anxiety, Agitation, Delirium
		Alcohol withdrawal syndrome and delirium tremens
		Collaborative management
		Sedation and Relaxants     Spiritual shallon as a in artificial core.
		Spiritual challenges in critical care     Caring with atreas and illustrations.
		Coping with stress and illness     Coping with stress and illness
		Care of family of the critically ill
\///		Counseling and communication      Deticate and formily advertion and counseling.
VII	4	Patient and family education and counseling     Challenges of patient and family education
		Process of adult learning
		Factors affecting teaching learning process
		Informational needs of families in critical care
		Counseling needs of patient and family
		Counseling techniques
VIII	5	Nutrition Alterations and Management in critical care
'		Nutrient metabolism and alterations
		Assessing nutritional status
		Nutrition support
		Nutrition and systemic alterations
		Care of patient on enteral and parentral nutrition
IX	4	Sleep alterations and management
		Normal human sleep
		Sleep pattern disturbance
		Sleep apnea syndrome
Х		
	5	Infection control in critical care
		Nosocomial infection in intensive care unit; methyl resistant staphylococcus aureus (MRSA) and
		other recently identified strains
		Disinfection, Sterilization,
		Standard safety measures,
		Prophylaxis for staff  Autimized bioleth consequence in the state of the state
	_	Antimicrobial therapy- review
XI	6	Legal and ethical issues in critical care-Nurse's role
		Legal issues
		Issues giving raise to civil litigation
		Related laws in india
		Medical futility
		Administrative law: Professional regulation

Unit	Hours	Content
		Tort law: Negligence, professional malpractice, intentional torts, wrongful death, defamation,
		assault and battery
		Constitutional Law: Patient decision making     Ethical Issues
		Difference between morals and ethics
		Ethical principles, ethical decision making in critical care, Strategies for promoting ethical decision making
		Ethical issues relevagnt to critical care :
		withholding and withdrawing treatment,
		withholding and withdrawing treatment,
		Managing Scarce resource in critical care
		Brain death, Organ donation & Counseling,
		Do Not Resuscitate(DNR), Euthanasia, Living will
		Nurses' Role
XII	8	Quality assurance
		Design of ICU/CCU
		assurance models applicable to ICUs
		Standards, Protocols, Policies, Procedures
		Infection control policies and protocols
		Standard safety measures
		Nursing audit relevant to critical care
		Staffing
XIII	3	Evidence based practice in critical care nursing
		Evidence based practice in critical care
		Barriers to implementation
		Strategies to promote implementation
	5	Class tests
Total	96	

# List of skills to be practiced in the skill lab (46 hours include demonstration by the faculty and practice by the students)

- CPR (BLS and ACLS)
- Airway Management
  - o Laryngeal mask airway
  - o Cuff inflation and anchoring the tube
  - o Care of ET tube
  - o Tracheostomy care
  - o Suctioning open/closed
  - o Chest physiotherapy
- 2 Oxygenation and oximetry, care of patient with oxygen delivery devices
  - o Devices to measure oxygen/oxygenation
    - Fuel cell
    - Para magnetic oxygen analyzer

- PO2 electrodes-Clark electrodes
- Transcutaneous oxygen electrodes
- Oximetry Pulse oximetry, Venous oximetry

### o Capnography

- o Non invasive ventilation
  - Low flow variable performance devices: nasal catheters/cannulae/double nasal prongs, face mask, face mask with reservoir bags
  - High flow fixed performance devices: Entrainment (Venturi) devices, NIV/CPAP/Anesthetic masks, T pieces, breathing circuits
- o Postural drainage
- Ventilation and ventilator support
  - o Connecting to ventilator
  - o Weaning from ventilator
  - o Extubation
  - o Humidifiers
  - o Nebulizers jet, ultrasonic
  - o Inhalation therapy metered dose inhalers (MDI), dry powder inhalers (DPI)
- © Circulation and perfusion (including hemodynamic evaluation and waveform graphics)
  - o Invasive blood pressure monitoring
  - o Non-invasive BP monitoring
  - o Venous pressure (Peripheral, Central and Pulmonary artery occlusion pressure)
  - o Insertion and removal of arterial line
  - o Insertion and removal of central line
  - o Pulse index Continuous Cardiac output (PiCCO)
  - Electrocardiography (ECG)
  - o Waveforms
- Fluids and electrolytes
  - o Fluid calculation and administration (crystalloids and colloids)
  - o Administration of blood and blood products
  - o Inotrope calculation, titration and administration
    - Cardiac glycosides Digoxin
    - Sympathomimetics Dopamine, dobutamine, epinephrine, isoproterenol, norepinephrine, phenylephrine
    - Phosphodiesterase inhibitors amrinone, milrinone
  - o Electrolyte correction (Sodium, potassium, calcium, phosphrous, magnesium)
  - o Use of fluid dispenser and infusion pumps
- Evaluation of acid base status
  - o Arterial blood gas (ABG)
- Thermoregulation, care of patient with hyper/hypothermia

- o Temperature probes
- o Critical care management of hyper and hypothermia
- Glycemic control, care of patient with glycemic imbalances
  - o Monitoring GRBS
  - o Insulin therapy (sliding scale and infusion)
  - o Management of Hyperglycemia IV fluids, insulin therapy, potassium supplementation
  - o Management of hypoglycemia Dextrose IV
- Pharmacological management of pain, sedation, agitation, and delirium
  - o Calculation, loading and infusion of Morphine, Fentanyl, Midazolam, Lorazepam, Diazepam, Propofol, Clonidine, Desmedetomidine, Haloperidol
  - Epidural analgesia- sensory and motor block assessment, removal of epidural catheter after discontinuing therapy, change of epidural catheter site dressing, insertion and removal of subcutaneous port for analgesic administration, intermittent catheterization for urinary retention for patients on epidural analgesia/PCA, dose titration for epidural infusion, epidural catheter adjustment, purging epidural drugs to check patency of catheter and also for analgesia
- Counseling
- Family education

# VIII. Critical Care Nursing I

Hours of instruction:

Theory: 96 hours,

Practical: 48hours

Unit	Hours	Content
I	6	Introduction  Review of anatomy and physiology of vital organs  Review of assessment and monitoring of the critically ill
	16	Cardiovascular alterations  Review of Clinical assessment, pathophysiology, and pharmacology  Special diagnostic studies  Cardiovascular conditions requiring critical care management  Heart block and conduction disturbances  Coronary heart disease  Myocardial infarction  Pulmonary hypertension  Valvular heart disease  Atherosclerotic disease of aorta  Peripheral artery disease  Cardiomypathy  Heart failure  Deep vein thrombosis  Congenital heart disease(cyanotic and acyanotic)  Cardiovascular therapeutic management  Cardiovascular therapeutic management  Defibrillation  Implantable cardiovert defibrillators,  Thrombolytic therapy  Radiofrequency catheter ablation  Percutaneous Transluminal Coronary Angioplasty(PTCA)  Cardiac surgery —Coronary artery bypass grafting (CABG)/ Minimally invasive coronary artery surgery)MICAS, Valvular surgery, vascular surgery  Mechanical circulatory assistive devices — Intra aortic balloon pump  Effects of cardiovascular medications  Ventricular assist devices(VAD)  Extra corporeal membrane oxygenation(ECMO)
III	15	Pulmonary alterations  Review of Clinical assessment, pathophysiology, and pharmacology  Special diagnostic studies  Pulmonary conditions requiring critical care management  Status asthmaticus  Pulmonary edema  Pulmonary embolism  Acute respiratory failure  Acute respiratory distress syndrome

- Chronic obstructive pulmonary disease

Unit	Hours	Content
		<ul> <li>Pneumonia</li> <li>Pleural effusion</li> <li>Atlectasis</li> <li>Longterm mechanical ventilator dependence</li> <li>Pulmonary therapeutic management</li> <li>Thoracic surgery</li> <li>Lung transplant</li> <li>Bronchial hygiene: Nebulization, deep breathing and coughing exercise, chest physiotherapy and postural drainage</li> <li>Chest tube insertion and care of patient with chest drainage</li> <li>Recent advances and development</li> </ul>
IV	15	Neurological alterations  Review of Clinical assessment, pathophysiology, and pharmacology  Special diagnostic studies  Neurological conditions requiring critical care management  Cerebro vascular disease and cerebro vascular accident  Encephalopathy  Gillian Bare syndrome and Myasthenia gravis  Brain herniation syndrome  Seizure disorder  Coma, Unconsciousness  persistent vegetative state  Head injury  Spinal cord injury  Thermoregulation  Neurologic therapeutic management  Intracranial pressure — Assessment and management of intracranial hypertension
V	15	<ul> <li>Craniotomy</li> <li>Recent advances and development</li> <li>Nephrology alterations</li> <li>Review of Clinical assessment, pathophysiology, and pharmacology</li> <li>Special diagnostic studies</li> <li>Nephrology conditions requiring critical care management         <ul> <li>Acute renal failure</li> <li>Chronic renal failure</li> <li>Acute tubular necrosis</li> <li>Bladder trauma</li> </ul> </li> <li>Nephrology therapeutic management         <ul> <li>Renal Replacement therapy: Dialysis</li> <li>Renal transplant</li> </ul> </li> </ul>
VI	12	<ul> <li>Recent advances and development</li> <li>Gastrointestinal alterations</li> <li>Review of Clinical assessment, pathophysiology, and pharmacology</li> <li>Special diagnostic studies</li> <li>Gastrointestinalconditions requiring critical care management         <ul> <li>Acute GI bleeding</li> <li>Hepatic failure</li> <li>Acute pancreatitis</li> <li>Abdominal injury</li> </ul> </li> </ul>

- Hepatic encephalopathy

Unit	Hours	Content		
		<ul> <li>Acute intestinal obstruction</li> <li>Perforative peritonitis</li> <li>Gastrointestinal therapeutic management</li> <li>Gastrointestinal surgeries</li> <li>Liver transplant</li> <li>Recent advances and development</li> </ul>		
VII	12	<ul> <li>Endocrine alterations</li> <li>Review of Clinical assessment, pathophysiology, and pharmacology</li> <li>Special diagnostic studies</li> <li>Endocrineconditions requiring critical care management <ul> <li>Neuroendocrinology of stress and critical illness</li> <li>Diabetic ketoacidosis, Hyperosmolar non ketotic coma</li> <li>hypoglycemia</li> <li>Thyroid storm</li> <li>Myxedema coma</li> <li>Adrenal crisis</li> <li>SIADH</li> </ul> </li> <li>Endocrine therapeutic management</li> <li>Recent advances and development</li> </ul>		
	5	Class tests		
Total	96 hours			

List of skills to be practiced in the skill lab (69 hour include demonstration by the faculty and practice by the students).

#### Cardiovascular alterations o

Thrombolytic therapy

o Use of equipment and their settings – Defibrillator, PiCCO), Pace makers, Intraaorticballon pump(IABP)

#### Pulmonary alterations

- o Tracheostomy Care
- o Nebulization
- o Chest physiotherapy
- o Chest tube insertion
- o Chest drainage

#### Neurological alterations

- o Monitoring GCS
- o Conscious and coma monitoring
- o Monitoring ICP
- o Sedation score
- o Brain Death Evaluation

#### Nephrology alterations

- o Dialysis
  - Priming of dialysis machine

- Preparing patient for dialysis
- Cannulating for dialysis
- Starting and closing dialysis

#### Gastrointestinal alterations

- o Abodminal pressure monitoring
- o Calculation of calorie and protein requirements
- o Special diets sepsis, respiratory failure, renal failure, hepatic failure, cardiac failure, weaning, pancreatitis
- o Enteral feeding NG/Gastrostomy/ Pharyngeal/Jejunostomy feeds
- o Total parenteral nutrition

#### **2** Endocrine alterations

- o Collection of blood samples for cortisol levels, sugar levels, and thyroid harmone levels
- o Calculation and administration of corticosteroids
- o Calculation and administration of Insulin Review

#### IX. Critical Care Nursing - II

Hours of instruction:

Theory: 96 hours,

Practical: 48 hours

Unit	Hours	Content
	12	Hematological alterations  Review of Clinical assessment, pathophysiology, and pharmacology  Special diagnostic studies  Hematology conditions requiring critical care management  DIC  Thrombocytopenia  Heparin induced thrombocytopenia  Sickle cell anemia  Tumor lysis syndrome  Anemia in critical illness  Hematology therapeutic management  Autologus blood transfusion  bone marrow transplantation  Recent advances and development
II	8	Skin alterations  Review of Clinical assessment, pathophysiology, and pharmacology  Special diagnostic studies  Conditions requiring critical care management  Burns  Wounds  Therapeutic management  Reconstructive surgeries for burns  Management of wounds
III	12 <b>M</b>	<ul> <li>Recent advances and development</li> <li>ulti system alterations requiring critical care</li> <li>Trauma</li> <li>Sepsis</li> <li>Shock</li> <li>Multiple Organ Dysfunction</li> <li>Systemic inflammatory response syndrome</li> <li>Anaphylaxis</li> <li>DIC</li> <li>Other injuries ( Heat, Electrical, Near Hanging, Near drowning)</li> <li>Envenomation</li> <li>Drug overdose</li> <li>Poisoning</li> </ul>
IV	10	Specific infections in critical care  HIV  Tetanus  SARS  Rickettsiosis  Leptospirosis

- Dengue
- Malaria

Unit	Hours	Content
		<ul> <li>Chickungunya</li> <li>Rabies</li> <li>Avian flu</li> <li>Swine flu</li> </ul>
V	9	Critical care in Obstetrics  Physiological changes in pregnancy  Conditions requiring critical care  Antepartum hemorrhage  PIH  Obstructed labor  Ruptured uterus  PPH  Puperal sepsis  Obstetrical shock  HELLP syndrome  DIC  Amniotic fluid embolism  ARDS  Trauma
VI	10	Critical care in children  Prominent anatomical and physiological differences and implications  Conditions requiring critical care  Asphyxianeonatarum  Metabolic disorders  Intracranial hemorrhage  Neonatal sepsis  Dehydration  ARDS  Poisoning  Foreign bodies  Seizures  Status asthmaticus  Cyanotic heart disease  congenital hypertrophic pyloric stenosis  Tracheoesophageal fistula  imperforate anus  Acute bronchopneumonia  Trauma in children  Selected pediatric challenges  Ventilatory issue  Medication administration  Pain Management  Interaction with children and families
VII	10	Critical Care in Older Adult  • Normal psycho biological characteristics of aging  - Biological issues  - Psychological issues  - Concepts and theories of ageing

- Stress & coping in older adults

- Common Health Problems & Nursing Management;

Unit	Hours	Content
		Physical challenges
VIII	10	<ul> <li>Palliative care and end of life in critical care</li> <li>Critical Care in Perianesthetic period</li> <li>Selection of anesthesia</li> <li>General anesthesia</li> <li>Anesthetic agents</li> <li>Perianesthesia assessment and care</li> <li>Post anesthesia problems and emergencies requiring critical care         <ul> <li>Respiratory-Airway obstruction, Laryngeal edema, Laryngospasm, Bronchospasm, Noncardiogenic pulmonary edema, Aspiration, Hypoxia, Hypoventilation</li> <li>Cardiovascular – Effects of anesthesia on cardiac function, Myocardial dysfunction, Dysrhythmias, postoperative hypertension, post operative hypotension</li> <li>Thermoregulatory – Hypothermia, shivering, hyperthermia, malignant hyperthermia</li> <li>Neurology- Delayed emergence, emergence delirium,</li> <li>Nausea and vomiting</li> </ul> </li> </ul>
IX	10	Other special situations in critical care  Rapid response teams and transport of the critically ill  Disaster management
	5	<ul> <li>Ophthalmic emergencies – Eye injuries, glaucoma, retinal detachment</li> <li>ENT emergencies - Foreign bodies, stridor, bleeding, quinsy, acute allergic conditions</li> <li>Psychiatric emergencies – Suicide, crisis intervention</li> <li>Class tests</li> </ul>
Total	96 hours	

List of skills to be practiced in the skill lab (69 hours include demonstration by the faculty and practice by the students).

#### Hematological alterations

Blood transfusion
Care of Catheter site
Bone marrow aspiration

#### Skin alterations

Burn fluid resuscitation o Burn feeds calculation Burn dressing Burns bath Wound dressing

#### Multi system alterations requiring critical care Triage

Trauma team activation
Administration of anti snake venom o
Antidotes

#### Specific infections in critical care

Isolation precautions
Disinfection and disposal of equipment

#### Critical care in Obstetrics, children, and Older Adult

partogram equipments – incubators, warmers

#### Critical Care in Perianesthetic period

Assisting with planned intubation
Monitoring of patients under anesthesia
Titration of drugs – Ephedrine, Atropine, Naloxone, Avil, Ondansetron
Sensory and motor block assessment for patients on epidural analgesia.
Technical troubleshooting of syringe / infusion pumps.

#### Other special situations in critical care

Disaster preparedness and protocols

The skills listed under the Specialty courses such as Foundations of Critical Care Nursing Practice, Critical Care Nursing I and Critical Care Nursing II are taught by the faculty in skill lab. The students after practicing them in the lab, will continue to practice in the respective ICUs. The log book specifies all the requirements to be completed and the list of skills that are to be signed by the preceptor once the students develop proficiency in doing the skills independently.

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#### **INTERNAL ASSESSMENT (THEORY & PRACTICAL)**

#### I year

#### 1. Theoretical Basis for Advanced Practice Nursing

Theory only -25 marks Test paper -10 marks

Written assignment/term paper – 10 marks (Global and national healthcare trends & policies)

Clinical seminar (Clinical/Care pathway in specific clinical condition/Application of specific nursing theory) – 5 marks

Final theory exam - 25 marks

Total marks – 50 marks

#### 2. Research Application and Evidence Based Practice in Critical Care

#### Theory:

Test papers : 20 marks

Written assignment: 5 marks (Literature review/Preparation of research instrument)

Journal club: 5 marks (Analysis of research evidence for ICU nursing competencies)

Total: 30 marks

#### 3. Advanced skills in Leadership, Management and Teaching Skills

#### Theory:

Test papers: 15 marks

Journal club (Trends in Leadership/management/Teaching): 5 marks

Written assignment: 5 marks (ICU work place violence)

Microteaching: 5 marks

Total: 30 marks

#### 4. Advanced Pathophysiology & Advanced Pharmacology relevant to Critical Care

#### Theory:

Test papers : 20 marks (Pathophysiology -10, Pharmacology -10)

Drug studies – 5 marks (Drug study and presentation)

Case presentation and case study report (Pathophysiology): 5 marks

Total: 30 marks

#### 5. Advance Health/physical Assessment

#### Theory:

Test papers: 20 marks

Written assignment: 10 marks (Diagnostic/investigatory reports –interpretation and analysis

of findings)

Total: 30 marks

#### Practical:

Clinical performance evaluation: 10 marks

End of posting test (OSCE): 10 marks

Case presentation and case study report – 5 marks

Internal Exam OSCE: 25 marks

Total Internal practical: 50 marks

End of posting test can be conducted in any ICU's

#### II year

#### 1. Foundations of Critical Care Nursing Practice

#### Theory:

Test papers - 20

Written assignment: 10 marks (ICU protocols)

Total: 30 marks

#### Practical:

Clinical Performance evaluation: 20 marks

End of posting exam (OSCE) – 10 marks

Drug studies (Drug study and presentation ): 10 marks

Case presentation and case study report (Family education/counseling): 5 marks

Case presentation (Application of Clinical/Care Pathway): 5 marks

Internal OSCE: 50 marks

Total Internal Practical: 100 marks

#### 2. Critical Care Nursing I

Theory:

Test papers : 20 marks

Clinical Seminar and Journal club: 10 marks

Total: 30 marks

Practical:

Clinical performance evaluation: 20 marks

End of posting exam (OSCE) – 10 marks

Clinical presentation: 10 marks

Case study report: 10 marks

Internal OSCE: 50 marks

Total Internal practical: 100 marks

3. Critical Care Nursing II

Theory:

Test papers: 20 marks

Clinical Seminar: 10 marks

Total: 30 marks

Practical

Clinical performance evaluation: 20 marks

End of posting exam (OSCE) – 10 marks

Clinical presentation: 10 marks

Case study report (Developed clinical/care pathways): 10 marks

Internal OSCE: 50 marks

Total Internal practical: 100 marks

End of posting exam can be conducted in any ICU's

4. Dissertation: 50 marks

#### EXTERNAL (FINAL) EXAMINATION (As per schedule in syllabus)

Theory: Short answer and essay type questions

(Weightage can be decided y the University)

#### OSCE GUIDELINES FOR INTERNAL AND UNIVERSITY PRACTICAL EXAMINATION

#### **IYEAR**

I. Advanced Health Assessment

#### **INTERNAL**

OSCE: 25 marks

#### CORE COMPETENCY DOMAINS TO BE EXAMINED

- 1. Focused history taking and physical examination of adult patient
- 2. Focused history taking and physical examination of pediatric patient
- 3. Interpretation of findings and results
- 4. Monitoring of clinical parameters

Number of stations: 5(4+1 Rest station)

Time for each station: 10 minutes

Marks for each station: 5 marks (As per competency Check list and allotted marks)

Total: 4x5 = 20 marks

Oral exam = 5 marks

Total = 25 marks

#### **EXTERNAL**

OSCE: 50 marks

#### **CORE COMPETENCY DOMAINS**

- 1. Focused history taking of adult patient
- 2. Focused physical examination of adult patient
- 3. Focused history taking of pediatric patient
- 4. Focused physical examination of pediatric patient
- 5. Interpretation of history and physical exam findings
- 6. Interpretation of results of lab and diagnostics tests
- 7. Monitoring clinical parameters
- 8. Monitoring clinical parameters

Number of stations: 10(8+2 Rest stations)

Time for each station: 10 minutes

Marks for each station: 5 marks (As per competency Check list and allotted marks)

Total: 8X5 = 40 marks

Oral Exam = 10 marks

Total = 50 marks

Note: On completion of procedural competencies in log book and clinical requirements, the NP student is qualified to appear for final practical examination

II year

#### I.FOUNDATIONS OF CRITICAL CARE NURSING

#### INTERNAL

OSCE: 50 MARKS

#### CORE COMPETENCY DOMAINS TO BE EXAMINED

- 1. Focused history and physical examination and interpretation of findings and results
- 2. Monitoring competencies (Invasive and noninvasive)
- 3. Therapeutic interventions (Emergency procedural competencies) Including drug administration
- 4. Family Education and counseling

Number of stations:5 (4+1 Rest station)

Time for each station: 10 minutes

Marks for each station: 10 marks (As per competency check list and allotted marks)

Total: 10x4 = 40 marks

Oral exam = 10 marks

Total = 50 marks

#### **EXTERNAL**

OSCE: 100 marks

#### **CORE COMPETENCE DOMAINS**

- 1. Focused history taking, physical examination and interpretation of results of adult patient
- 2. Focused history taking, physical examination and interpretation of results of pediatric patient
- 3. Monitoring competencies (Invasive and noninvasive)
- 4. Monitoring competencies (Invasive and noninvasive)
- 5. Development of care plan
- 6. Family education and counseling
- 7. Therapeutic interventions (Emergency procedures) including drug administrations
- 8. Therapeutic interventions (Emergency procedures) including drug administrations

Number of stations: 10 (8+2 Rest stations)

Time for each station: 10 minutes

Marks for each station: 10 marks (As per competency Check list and allotted marks)

Total: 8x10 = 80 marks

Oral exam = 20 marks

Total = 100 marks

II & III. CRITICAL CARE NURSING I & II

**INTERNAL** 

OSCE - 50 marks

#### **CORE COMPETENCY DOMAINS**

- 1. Focused history and physical examination and interpretation of findings and results
- 2. Monitoring competencies (Invasive and noninvasive)
- 3. Development of plan of care/care pathway
- 4. Therapeutic interventions (Emergency procedural competencies) Including drug administration

Number of stations: 5(4+1 Rest station)

Time for each station: 10 minutes

Marks for each station: 10 marks (As per competency Check list and allotted marks)

Total: 10x4 = 40 marks

Oral exam = 10 marks

Total = 50 marks

#### **EXTERNAL**

OSCE: 100 marks

#### **CORE COMPETENCY DOMAINS**

- 1. Focused history taking, physical examination and interpretation of results of adult patient
- 2. Focused history taking, physical examination and interpretation of result of pediatric patient
- 3. Monitoring competencies (Invasive and noninvasive)
- 4. Family education and counseling
- 5. Development of plan of care/care pathway
- 6. Family education and counseling
- 7. Drug administration
- 8. Therapeutic interventions (Emergency procedures)

Number of stations: 10 (8+2 Rest stations)

Time for each station: 10 minutes

Marks for each station: 10 marks (As per competency Check list and allotted marks)

Total: 8x10 = 80 marks

Oral exam = 20 marks

Total = 100 marks

Note: On completion of procedural competencies in log book and clinical requirements, the NP student is qualified to appear for final practical examination

#### Appendix 1

#### **EQUIPMENT LIST FOR A TEN BEDDED ICU**

- 1. Adjustable electronic cot with mattress 10
- 2. IV stand 20
- 3. Bed side locker -11 (10 patient; 1 stock)
- 4. Over bed trolley 10
- 5. Dressing trolley (Small) 5
- 6. Dressing trolley (medium) 2
- 7. Syringe pump 60
- 8. Infusion pump 35
- 9. Monitors- 11 (10 -patient; 1- stock)
- 10. Transport monitor/pulseoximeter 2
- 11. Ventilators 12 (10 patient; 2 stock)
- 12. Portable ventilators -2
- 13. ABG machine 2
- 14. ECG machine 1
- 15. Ultrasound machine 1
- 16. Doppler machine − 1
- 17. Defibrillator 2
- 18. Peripheral Nerve Stimulator 1
- 19. Blood warmer 3
- 20. Patient warmer 5
- 21. Sequential Compression Device 10
- 22. Alpha mattress with motor 15
- 23. LED shield -1
- 24. Crash cart 1
- 25. Transfer trolley 4
- 26. OR trolley 2
- 27. Safe slider 2
- 28. Computer 4
- 29. Printers 2
- 30. Bain circuit 12
- 31. Oxygen flow meter 30
- 32. Suction port with jar 15

33. Air flow meter /pulmoaid- 10

- 34. Refrigerator 3 (1- feeds, 1- drugs,
- 35. Metal foot step/foot stool -10
- 36. Ambulation chair 5
- 37. UPS -1
- 38. Flat trolley -1
- 39. Dialysis machine -1
- 40. Spot light -2
- 41. Labelling machine − 1
- 42. Glucometer 2
- 43. Ambu bag with different sizes -10 sets
- 44. Fiberoptic bronchoscope − 1
- 45. Intubating videoscope 1
- 46. Minimum standards for Indian ICUS (ICU 6-12 beds) (ISCCM, 2010)

Bed space – minimum 100 sq. ft.

Additional space (storage, Nursing station, doctors room and circulation space)- 100% extra of the bed space.

Oxygen outlets 2

Vacuum outlets 2

Compressed air outlets 1

Electric outlets (2 on each side of patients)

With 5/15 amp pins

Central nursing station

#### Appendix 2a

# CLINICAL LOG BOOK FOR NURSE PRACTITIONER (NP) PROGRAM IN CRITICAL CARE (Specific competencies/Skills) I YEAR

S.No.	SKILLS	NUMBER	DATE	SIGNATURE
		PERFORMED		OF THE
	DECEADOU ADDITION AND EVIDENCE DACE	D DDACTICE		PRECEPTOR*
	RESEARCH APPLICATION AND EVIDENCE BASE	DPRACTICE		
1	Preparation of research instrument			
2	Preparation of a manuscript for publication			
3	Writing systematic review		-	
4	Dissertation Topic:			
	ADVANCED SKILLS IN LEADERSHIP, MANAGEM	IENT, AND TEACHING		
1	Preparation of staff patient assignment			
2	Preparation of unit budget			
3	Preparation of staff duty roster			
4	Patient care audit			
5	Preparation of nursing care standards			
	and protocols			
6	Management of equipment and supplies			
7	Monitoring, evaluation, and writing		-	
	report of infection control practices			
8	Micro teaching / patient education sessions			
9	Preparation of teaching method and			
	media for patients and staff			
10	Planning and conducting OSCE/OSPE			
11	Construction of tests		_	
III	ADVANCED HEALTH ASSESSMENTS			
1	Comprehensive history taking			
2	Focused physical assessment (System wise)			
2.1	Respiratory system			
2.2	Cardiac system			
2.3	Gastrointestinal			
2.4	Nervous			
2.5	Genitourinary			
2.6	Endocrine			
2.7	Hematological			
2.0	Musculaskalatal			

2.8 Musculoskeletal

S.No.	SKILLS	NUMBER PERFORMED	DATE	SIGNATURE OF THE PRECEPTOR*
2.9	Integumentary			
2.10	Sensory organs			
3	Age specific History &physical			
	examination			
3.1	Geriatric			
3.2	Adult			
3.3	Child			
3.4	Neonate			
4	History &Physical examination of a Pregnant woman			
III	DIAGNOSTIC PROCEDURES			
1	Collecting blood sample			
1.1	Biochemistry			
1.2	Clinical pathology			
1.3	Microbiology			
1.4	ABG			
2	Assisting			
2.1	procedures			
Para	centesis			
2.2	Thoracentesis			
2.3	Lumbar puncture			
2.4	Liver biopsy			
2.5	Renal biopsy			
2.6	Bone marrow aspiration			
3	Witnessing 3.1			
proc	edures Chest			
	X – ray			
3.2	ERCP			
3. 3	PET scan			
3.4	Endoscopy			
3.5	MRI / CT			
3.6	Ultrasound			
3.7	EMG			
3.8	Echocardiogram	ı	1	1
4	ECG			
	GENERAL COMPETENCIES			
1	Admission			
2	Transfer			
3	Transport			
4	Discharge / LAMA			
55	Medico-legal compliance	1	1	

S.No.	SKILLS	NUMBER	DATE	SIGNATURE
		PERFORMED		OF THE
				PRECEPTOR*
7	End of life Care			
7.1	Brain death			
7.2	Organ donation			
	After life Care			
9	Setting up, use and maintenance of Critical			
	care equipment			
9.1	Ventilator			
9.2	Monitor			
9.3	Transducer / pressure bag			
9.4	Temperature probes			
9.5	SpO <sub>2</sub> probes			
9.6	Sequential compressing device			
9.7	12 –lead ECG monitor			
9.8	Warmer			
9.9	Fluid warmer			
9.10	ET Cuff pressure monitor			
9.11	Defibrillator			
9.12	Pacemaker			
9.13	Syringe pump			
9.14	Infusion pump			
9.15	Alpha mattress			
9.16	CRASH trolley			
10	Triage			
11	Care during transfer by air ambulance			
	and surface ambulance			

#### Appendix 2b

## CLINICAL LOG BOOK FOR NP IN CRITICAL CARE (Specific competencies/Skills) II Year

S.No.	S KILLS	NUMBER PERFORMED	DATE	SIGNATURE OF THE PRECEPTOR*
1	GENERAL COMPETENCIES			
1	Setting up, use and maintenance of Critical care equipment			
1.1	Ventilator			
1.2	Monitor			
1.3	Transducer / pressure bag			
	Temperature probes			
1.4	·			
1.5	SpO2 probes			
1.6	Sequential compressing device			
1.7	12 –lead ECG monitor			
1.8	Warmer			
1.9	Fluid warmer			
1.10	ET Cuff pressure monitor			
1.11	Defibrillator			
1.12	Pacemaker			
1.13	Syringe pump			
1.14	Infusion pump			
1.15	Alpha mattress			
1.16	CRASH trolley			
1.17	CPAP / BiPAP			
2	Monitoring of critically ill patients			
2.1	Arterial blood gas ABG			
2.2	Oxygen saturation			
2.3	Endotracheal tube cuff pressure			
2.4	Capnography			
2.5	Hemodynamics			
2.6	Electrocardiogram (ECG)			
2.7	Intracranial pressure			
2.8	Invasive BP monitoring			
2.9	Non invasive BP monitoring			
2.10	PiCCO			
2.11	Peripheral vascular status			
2.12	Glasgow Coma Scale			

S.No.	S KILLS	NUMBER PERFORMED	DATE	SIGNATURE OF THE PRECEPTOR*
2.13	Sedation Scale			
2.14	Pain Score			
2.15	Braden Score			
2.16	Bowel sounds			
2.17	GRBS			
2.18	Partogram			
3	Administration of medication			
3.1	Sedation			
3.2	Muscle relaxant			
3.3	Electrolyte infusion			
3.4	Insulin infusion			
3.5	Ionotropeadministration			
3.6	Thrombolytic drug			
3.7	Corticosteroid			
4	Infection control			
5	Universal precaution			
6	Disinfection / Sterilization			
7	Preparation of standards/policies/protocols			
8	BLS			
9	ACLS			
10	Management of Cardiovascular Alterations			
10.1	Fluid administration (Colloid/Crystalloid)			
10.2	Blood and blood product administration			
10.3	Application of TED stocking			
10.4	Insertion and Care of CVP line			
10.5	Removal of CVP line			
10.6	Assisting with insertion of arterial line			
10.7	Care of arterial line			
10.8	Removal of arterial line			
10.9	Assisting with insertion of pulmonary artery			
	catheter			
10.10	Care of Patient with Pacemaker			
10.11	Blood collection from arterial line	+		
11	Management of Pulmonary Alterations			
11.1	Airway application			
11.2	Laryngeal mask airway			
11.3	Assisting with intubation	-		
11.4	Care of ET tube			
11.5	Extubation			
11.6	Assisting for tracheostomy insertion			L

S.No.	S KILLS	NUMBER	DATE	SIGNATURE OF
		PERFORMED		THE PRECEPTOR*
11.8	Endotracheal suctioning - Open			
11.9	Endotracheal suctioning - Closed			
11.10	Assisting with insertion of chest tube			
11.11	Care of patient with Chest drainage			
11.12	Chest tube removal			
11.13	Nebulization			
11.14	Oxygen administration			
11.15	Care of patient on Mechanical ventilator			
11.16	Non – invasive ventilation			
11.7	Connecting to Ventilator			
11.18	Weaning from ventilator			
11.19	Use of T-tube and Venturi devices			
11.20	Postural drainage			
11.21	Weaning from tracheostomy			
11.22	Chest physiotherapy			
11.23	Assisting for bronchoscopy			
12	Management of Neurological Alterations			
12.1	Sensory stimulation			
12.2	Consciousness/Coma status monitoring			
12.3	Brain death evaluation			
13	Management of Genitourinary Alterations			
13.1	Cannulating for hemodilysis			
13.2	Starting and closing of hemodialysis			
13.3	Care of patient on hemodialysis			
13.4	Initiating peritoneal dialysis			
13.5	Care of patient on peritoneal dialysis			
13.6	Calculation of fluid replacement			
13.7	Care of patient with continuous urinary drainage			
14	Management of Gastrointestinal Alterations			
14.1	Estimation of dietary allowance			
14.2	Enteral nutrition			
14.2.1	NG feeding			
14.2.2	Gastrostomy / Jejunostomy feeding			
14.3	Test feeds			
14.4	Parenteral nutrition			
14.5	Therapeutic diet planning			
15	Management of Endocrine Alterations			
15.1	Titrating insulin			
15.2	Calculation of steroid administration			
16	Ordering procedures and investigations			

S.No.	S KILLS	NUMBER PERFORMED	DATE	SIGNATURE OF THE PRECEPTOR*
16.1	ECG	1 ENI GINIVIED		THE TRECE TOR
16.2	ABG			
16.3	Chest X ray			
16.4	Ultrasound			
16.5	Biochemistry investigations			
16.6	Microbiology investigations			
17	Ordering Treatment			
17.1	Nebulization			
17.2	Chest physiotherapy			
17.3	Distal colostomy wash			
17.4	Insertion and removal of urinary catheter for			
	female patients.			
17.5	Test feeds			
17.6	TEDS			
17.7	Surgical dressing			
17.8	Starting and closing dialysis			
17.9	Administration of TPN infusion with written			
	order			
17.10	Magnesium Sulphate dressing for			
	Thrombophlebitis / extravasation.			
17.11	Application of Icthammol Glycerin /			
17.12	Pin site care for patients on external fixators			
17.13	Isometric and isotonic exercises			
17.14	Hot and cold applications			

<sup>\* -</sup> When the student is found competent to perform the skill, it will be signed by the preceptor

#### Appendix 3

### CLINICAL REQUIREMENTS FOR NP CRITICAL CARE NURSING PROGRAM

S.No.	CLINICAL REQUIREMENT	DATE	SIGNATURE OF THE PRECEPTOR
I	Clinical Conference		
	Drug studies on standing orders		
II	Case/ Clinical Presentation		
III	Nursing Rounds		
IV	Clinical Seminar		
V	Journal Club		
VI	Nursing Process(NP)/Care study Report		
VII	Advanced Health Assessment		
VIII	Faculty Lecture		
IX	Solf directed learning		
14	Self directed learning		
X	Written Assignment		

S.No.	CLINICAL REQUIREMENT	DATE	SIGNATURE OF
			THE PRECEPTOR
XI	Case study analysis		
XII	Workshop		

The number under each category will be finalized based on implementation plan of theory, practical and clinical.

#### Appendix 4

### STANDING ORDERS NURSE PRACTITIONER IN CRITICAL CARE

Nurse practitioners are prepared and qualified to assume responsibility and accountability for the care of critically ill patients. They collaborate with Intensivists, physicians, surgeons and specialists to ensure accurate therapy for patients with high acuity needs. On completion of the program, the NPs will be permitted to administer drugs listed in standing orders as per the institutional protocols/standing orders. They will also be permitted to order diagnostic tests/procedures and therapies as per institutional protocols.

ORDERING INVESTIGATIONS		ORDERING THERAPIES	
?	ECG	?	Nebulization
?	ABG	?	Chest physiotherapy
?	Chest X ray	?	Distal colostomy wash
WBC Total, WBC differentials, ESR, Electrolytes,		?	Insertion and removal of urinary catheter for female patients.
	olatelets, PT, aPTT, bleeding and clotting time, procalcitonin, D diamer, creatinine, HbA1C, AC, PC,	?	Test feeds
	HDL, LDL, TIG, Cholesterol total, HIV, HbsAg, HCV,	?	TEDS
?!?	图图Basic Microbiology investigations – blood samples for culture and sensitivity, tips of vascular access and ET tube for culture,		Surgical dressing
			Starting and closing dialysis
			🛮 Administration of TPN infusion with written
			order
		?[?]	图Application of Icthammol Glycerin / Magnesium Sulphate dressing for Thrombophlebitis / extravasation.
			☑Pin site care for patients on external fixators
		??	Ilsometric and isotonic exercises

#### **INSTITUTIONAL STANDING ORDERS AND PROTOCOLS**

In every hospital, the standing orders for drug administration with specific dosage to be administered during emergency situations can be made available as guidelines for NPCC graduates. The NP students will be trained to administer these drugs under supervision by preceptors/NP faculty. The protocols for ordering selected investigations and carrying out specific therapeutic procedures can also be available in every hospital that trains NPCC students.